


June 2017			 Meadow Ridge Senior Living 7475 Country Club Dr. Golden Valley, MN, 55427			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirements	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	1 Noontime Dinner Beef Burgundy OR Stuffed Peppers Evening Supper Pesto Chicken Tortellini OR Ham Salad Sandwich	2 Noontime Dinner Chicken Marsala OR Broiled Shrimp Evening Supper Philly Cheese Steak OR Fruit & Nut Salad	3 Noontime Dinner Swedish Meatballs OR Chicken Tenders Evening Supper Frech Toast OR Turkey Avacado Wrap
4 Noontime Dinner Baked Ham OR Breaded Fish Evening Supper Grilled Cheese/Tomato Soup OR Loaded Potatoes	5 Noontime Dinner Spaghetti with Meat Sauce OR Smoked Beef Brisket Evening Supper Caesar Salad OR Chicken Nuggets	6 Noontime Dinner Cranberry Stuffed Chicken OR Baked Cod Evening Supper Italian Sandwich OR Tater Tot Hot Dish	7 Noontime Dinner Chicken Kiev OR Wine Braised Beef Tips Evening Supper Chicken and Dumplings OR CheeseBurger Hot Dish	8 Noontime Dinner Grilled Flank Steak OR Grilled Chicken Breast Evening Supper Fried Chicken Breast and Waffles OR French Dip	9 Noontime Dinner California Hamburger OR Smoke Pulled Chicken Sandwich Evening Supper Fried Shrimp OR Chipped Beef w/ Toast	10 Noontime Dinner Open Faced Turkey Sandwich OR Salisbury Steak Evening Supper Mac and Cheese OR Chef Salad
11 Noontime Dinner Pot Roast OR Oven Roasted Pork Loin Evening Supper Taco Salad OR Chicken Patty Sandwich	12 Wienerschnitzel OR Bratwurst w/ German Potato Salad Evening Supper Beer Battered Cod OR Goulash	13 Noontime Dinner Braised Short Ribs OR Herb Baked Chicken Evening Supper Cheese Stuffed Shells OR Spinach Quiche	14 Noontime Dinner BBQ Country Style Ribs OR Roasted Turkey with Orange Sauce Evening Supper Belgian Waffles OR CheeseBurger Pie	15 Noontime Dinner Chicken Cordon Blue OR Pecan Crusted Tilapia Evening Supper Tomato Tart OR Egg Bake	16 Noontime Dinner BBQ Baked Chicken OR Lasagna Evening Supper Pepperoni Sausage Pizza OR Biscuits and Gravy	17 Noontime Dinner Shrimp Scampi OR Beef Stew Evening Supper Chicken Tenders OR Cheese Manicotti
18 Noontime Dinner Meatloaf OR Baked Ham Evening Supper Strawberry Romaine Salad w/ Chicken OR Cheese Blitz with Fruit Compote	19 Noontime Dinner Chicken Parmesan OR Baked Grouper Evening Supper Hot Ham and Cheese Sandwich OR Chili	20 Noontime Dinner London Broil OR Citrus Tilapia Evening Supper Chicken Kiev OR Enchilada Hot Dish	21 Noontime Dinner Beef Stuffed Cabbage Rolls OR Chicken Teriyaki Evening Supper Cashew Chicken Lettuce Wrap OR Hot Dog	22 Noontime Dinner Beef Stroganoff OR Potato Crusted Cod Evening Supper Sweet and Sour Chicken OR Scalloped Potato w/ Ham	23 Noontime Dinner Prime Rib OR Fried Shrimp Evening Supper Breaded Ravioli w/ Marinara OR Macaroni Salad with Grilled Chicken	24 Noontime Dinner Lemon Pepper Tilapia OR Chicken w/ Broccoli and Cheese Evening Supper Corn Dog OR Shrimp Alfredo
25 Noontime Dinner Pot Roast OR Turkey Dinner Evening Supper Fish Sandwich OR Quiche Lorraine	26 Noontime Dinner Grilled Pork Chop OR Country Fried Steak Evening Supper Turkey Tetrazzini OR Monte Crisco Sandwich	27 Noontime Dinner Baked Cod OR Red Beans and Rice Evening Supper BBQ Pork Sliders OR Chicken Tenders	28 Noontime Dinner Stuffed Peppers OR Antipasta Salad with Grilled Chicken Evening Supper Greek Salad OR Egg Salad w/ Tomato Soup	29 Noontime Dinner Goulash OR Chicken a la King Evening Supper Stuffed Baked Potato OR Cuban Sandwich	30 Noontime Dinner Lemon Dill Salmon OR Fried Chicken Evening Supper Chicken Wings and Potato Skins OR Philly Cheese Steak	