

Dec. 11 - Dec. 17

Meadow Ridge Senior Living



	Lunch Main Meal	Lunch Alternate	Dinner Main Meal	Dinner Alternate
MONDAY	Chicken Kiev Rice Pilaf Vegetables	Broiled Tilapia Rice Pilaf Vegetables	Sloppy Joes Chips	Ham Salad Sandwich Chips
TUESDAY	Swiss Steak Roasted Potatoes Vegetables	Chicken Cacciatore Roasted Potatoes Vegetables	Chicken Wings Veggies & Dip	Roast Beef & Swiss Sandwich Veggies & Dip
WEDNESDAY	Pepperoni Pizza Side Salad	Cheese Pizza Side Salad	Polish Sausage Red Beans & Rice	Teriyaki Chicken Skewers Rice
THURSDAY	Braised Pork Chops Sweet Potatoes Vegetable	Tarragon Chicken Sweet Potatoes Vegetable	Hot Beef Sandwich Fries	Chicken Nuggets Fries
FRIDAY	Braised Duck Risotto Vegetables	Broiled Cod Risotto Vegetables	Beef Noodle Casserole Dinner Roll	Cottage Cheese & Fruit Plate
SATURDAY	Pork Tenderloin Baked Potato Vegetables	Stuffed Chicken Baked Potato Vegetables	Pork Sausage Egg and Cheese Biscuit Tri-tater Tot	Turkey Club Sandwich Chips
SUNDAY	Ham & Cheese Quiche Ambrosia Fruit Salad	Vegetarian Quiche Ambrosia Fruit Salad	Monte Cristo Waffle Fries	BLT Salad Dinner Roll