





























Meadow Ridge Senior Living: Assisted Living

November 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Day of the Dead 1	2	3
	All programming subject to change. Updates will be posted in elevators & dining room. Please see Jess with questions.	<u>Room Key:</u> MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2 nd floor) LO – Lobby PL – Parking Lot CR – Card Room		10:00 Cribbage Club (L) 10:45 Volleyball (AR)  1:30 Magic Show by Troy Rongnrud (DR) 3:00 Jeopardy with Jess	10:00 Mexican Train Dominoes (AR) 10:00 Catholic communion (L) 1:30 Manicures (AR) 	10:00 Rummy club (AR) 1:30 Youtube & You Education Hour with Jess (AR) 2:30 Meadow Market (AR) 3:00 Matinee Movie – Coco (AR)
Daylight Savings 4	5	Election Day 6	7	8	9	10
<u>Independent Programming</u> 12:00 Vikings Game (AR) 3:00 Puzzle & Crossword Club (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the dog 1:30 Outing: Target (LO) 3:00 TV: Showing Chef's Table (AR)	10:00 Outing: Trader Joe's (LO) 10:00 Rummy Club (AR) 3:00 Fall Decorating & Cooking (AR) 5:00 Outing: Lat 14 Asian Eatery 	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR)  3:00 Resident Meeting (AR) 4:00 Meadow Market (AR)	10:00 Cribbage Club (L) 10:45 Volleyball (AR)  1:30 Performance by Monroe Wright (DR) 3:00 Outing: Walgreens	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Outing: Veterans Day Program at King of Grace (LO) 3:00 Matinee Movie - Bombshell: the Hedy & Lamar Story (AR)	10:00 Rummy Club (AR)  1:30 Bingo with Mabel (Card Room on 3 rd Floor) 1:00-5:00 Activity Room Closed Private Event
Veterens Day 11	12	13	14	15	16	17
<u>Independent Programming</u> 10:00 Puzzle & Crossword Club (AR) 1:30 Matinee Movie: Unbroken (AR) 	10:00 Mexican Train Dominoes (AR)  10:00 Bella the dog 1:30 Chair Yoga with Jess 3:00 Brain Aging presentation: U of M research (AR)	8:00 Hot Breakfast (DR)  10:00 Rummy Club (AR) 1:30 Service in the Lord (AR) 3:00 Matinee Movie - Suffragette (AR)	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR) 2:30 Meadow Market (AR)  3:00 Debate Hour with Kersten (AR)	10:00 Cribbage Club (L) 10:45 Volleyball (AR) 1:30 Piano Performance by James Shaw (DR) 3:00 Happy Hour (AR)  4:00 Meadow Market (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Mass (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Wine & Cheese (AR) 	10:00 Rummy Cards (AR) 1:30 Volunteering with Kavina: Thank you cards (AR) 3:00 Matinee Movie - The Producers (AR)
18	19	20	21	Thanksgiving 22	Native American Heritage Day 23	24
<u>Independent Programming</u> 12:00 Vikings Game (AR)  3:00 Puzzle & Crossword Club (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Bella the dog 1:30 Outing: North Market (LO) 3:00 TV: Showing Chef's Table (AR)	10:00 Outing: Walmart 10:00 Rummy Club (AR) 1:30 Service with Cindy (AR) 3:00 Outing: Culvers (AR)	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR)  2:30 Meadow Market (AR)  3:00 Manicures	<u>Independent Programing</u> 10:00 Uno Club (AR) 1:30 Thanksgiving Movie: Planes Trains & Automobiles (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (AR) 1:30 Outing: Dollar Tree (LO) 1:30 Matinee Movie - Dances with the Wolves (AR)	10:00 Rummy Club (AR) 1:30 Bingo with Gloria (AR)  3:00 Matinee Movie - Nights in the Rodanthe (AR)
25	26	27	28	29	30	
<u>Independent Programming</u> 10:00 Puzzle & Crossword Club (AR) 2:00 Smoothie Social with Lisa (AR) 7:00 Vikings Game (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the dog 1:30 Holiday Decorating (AR) 	10:00 Rummy Cards Club (AR) 1:30 Service in the Lord (AR) 	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR) 2:30 Meadow Market (AR) 3:00 Arm Chair travelers (AR) 	10:00 Cribbage Club (L) 10:45 Volleyball (AR)  1:30 Holiday Decorating (AR) 3:30 Birthday Celebration (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic communion (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Wine & Cheese (AR) 	

This month’s focus is on Educational Wellbeing



MEADOW RIDGE
SENIOR LIVING

Life Enrichment at Meadow Ridge
October 2018

Calendar Tips:

Room Key:

MC - Memory Care
AR - Activities Room
DR - Dining Room
L - Library (2nd floor)
LO - Lobby
PL - Parking Lot
CR - Card Room (3rd floor)

All programming subject to change.
Updates will be posted in elevators & dining room.
Please see Jess with questions.

November Birthdays

11/02 Klara V.
11/12 Leola J.
11/15 Phil H.
11/20 Anne R.
11/26 Virginia B.



Programming Update:

The **Meadow Market** (*the store in the Activities Room*). This is a place where you can get cards, basic hygiene, and snack food items.

The store hours will be posted on your monthly calendars and below as “Meadow Market”. We will keep the store open for 30 minutes.

November’s
Store Hours

11/3 2:30
11/7 4:00
11/9 1:00
11/14 2:30
11/15 4:00
11/16 1:00
11/21 2:30
11/28 2:30
11/30 1:00

Meadow Market Merchandise:

Snack Food:

Small Bottled Water....\$.25
Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
Chips.... \$\$\$.50
Individual Pack of nuts.... \$.50
Bag of cough drops (10 Drops) ...\$.75
Bag of mints (10 mints)\$.75)
Candy Bars.... \$1.00
Jar of Peanut Butter \$1.00

Miscellaneous:

Stamps.... \$.50
Batteries (2AA) \$.50
Greeting Card with Envelope....\$.50

Basic Hygiene:

Pocket Size Kleenex\$.50
Lotion.... \$1.00
Shower Gel... \$1.00
Toilet Paper (4 rolls) \$1.00
Paper towels.... \$1.00
Toothbrush.... \$1.00
Deodorant.... \$1.00
Chapstick.... \$1.00
Mouthwash.... \$1.00
3 razors.... \$1.00