

WEEK 1	SOUP OF THE DAY	LUNCH	DINNER
MONDAY	Loaded potato	Spaghetti & meatballs OR Garlic buttered cheese tortellini mixed vegetables and garlic bread Chocolate Cake	“Big mac” burger OR egg salad sliders Breaded cauliflower –Ice cream
TUESDAY	Beef vegetable	Chicken cordon blue or shrimp scampi Rice pilaf – green beans Carrot cake	Corn dog or Parmesan cod fingers Baked beans Ice Cream
WEDNESDAY	Tomato bisque	Pork chop OR Cod loin Mashed potato – broccoli cheesecake	Cheese pizza or Sausage pizza Side salad- Ice cream
THURSDAY	Chicken noodle	Crab cake or herb baked chicken Macaroni and cheese - peas Chocolate crème pie	BLT salad with a roll OR loaded baked potato ice cream
FRIDAY	Beer cheese	Sweet & sour meatballs with white rice OR shrimp Lo Mein egg roll - Blueberry pie	Seafood salad croissant OR Philly steak sandwich Pickle and chips - Ice cream
SATURDAY	Vegetarian chili	Coconut crusted Tilapia OR beef brisket cheesy hash brown bake –honey carrots Chocolate mint pie	Tuna melt on English muffin or Taco salad with chips and salsa ice cream
SUNDAY	Butternut squash bisque	Sausage, egg & Cheese breakfast croissant or spinach egg bake with side of bacon roasted potatoes–muffins	Beef mushroom hot dish Or Fish nuggets Tater tots – corn - ice cream