



































Meadow Ridge Senior Living: Assisted Living

May 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	Memorial day 31					1
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 500 (AR) 	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Penny Drop 3:00 Craft Club: Tissue Paper Coffee Mug (AR)		All programming is subject to change. Updates will be posted on the elevators See Kavina with questions	Room Key: MC – Memory Care AR – Activities Room DR – Dining Room PD-Private Dining Room L – Library (2 nd floor) LO – Lobby PL – Parking Lot / EV- Elevator		<i>Independent Programming</i> 1:30 Matinee Movie: Along Came a Spider (AR)
2	3	4	Cinco De Mayo 5	6	7	8
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 500 (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Taboo 3:00 Craft Club: May Day Door Basket (AR) 	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (DR) 3:00 Name 5 (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures With Kavina (Wear a mask) (AR)  3:00 Resident Meeting (AR)	10:00 Left Center Right (DR) 1:30 Ted Talk How Electro Therapy Changed Me by Sherwin Nuland (AR)  3:00 Candy Bar Bingo (DR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Music Performance by Summit Music (LO) 3:00 Happy Hour Feature Drink: Tropical Rum Punch 	<i>Independent Programming</i> 1:30 Matinee Movie: The Maltese Falcon (AR) 
Mother's Day 9	10	11	12	13	14	15
10:00 Brain Games (LO)  1:30 500 (AR) 	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Spoons (AR) 3:00 Craft Club: May Flowers Wreath 	10:00 Rummy Club (AR) 1:30 2 Penny Bingo (DR)  3:00 Jeopardy with Kersten (AR) 	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (Wear a mask) (AR)  1:30 Surprise Activity (LO) 3:00 Name 5 (AR)	10:00 Left Center Right (AR)  1:30 Ted Talk: How your memory works and why forgetting is totally OK. (AR)  1:30 Surprise Activity (LO) 3:00 Candy Bar Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Happy Hour Feature Drink: Killer Kool Aid 	<i>Independent Programming</i> 3:00 Matinee Movie: Casablanca (AR) 
16	Tax Day 17	18	19	20	21	22
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 500 (AR) 	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Phase 10 3:00 Craft Club: Eye Dropper Art (AR) 	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (AR)  3:00 Get to Know Your Managers: Chef Harold (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR)  1:30 Manicures with Kavina (Wear a mask) (AR)  1:30 Surprise Activity (LO) 3:00 Name 5 (AR)	10:00 Left Center Right (AR) 1:30 Ted Talk: Music and Emotion through time (AR)  1:30 Surprise Activity (LO) 3:00 Candy Bar Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Wine & Cheese Social with Anne (AR) 	<i>Independent Programming</i> 1:30 Matinee Movie: Cool Hand Luke (AR) 
23	24	25	26	27	28	29
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 500 (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Farkle! 3:00 Painting Picture Frames (AR) 4:00 Resident Council Meeting (AR)	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (AR)  3:00 Armchair Travelers: Amboise France, (AR) 	10:30 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR)  1:30 Manicures with Kavina (Wear a mask) (AR)  3:00 Birthday Party (DR) 	10:00 Left Center Right (AR) 1:30 Ted Talk: Play is More Than Just Fun (AR)  3:00 Candy Bar Bingo (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Happy Hour Feature Drink: Alabama Slammer 	<i>Independent Programming</i> 1:30 Matinee Movie: The Pelican Brief (AR) 

This month's focus is on Educational Wellbeing



MEADOW RIDGE
SENIOR LIVING

Life Enrichment at Meadow Ridge

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2nd floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3rd floor)
- EV- Posted on Elevator

All programming subject to change.
Updates will be posted in elevators & dining room.
Please see Kavina with questions.

May Birthdays:

- Julie V. 5/1
- Jerry A. 5/10
- Darlene G. 5/13
- Marylou M. 5/14
- Audrey S. 5/22
- Suzanne B. 5/28



Need Something?
Come to the Meadow Market in the Activity Room **Monday Wednesday and Friday at 1:00**

The store will be open for 30 minutes.



5/3 1:00	5/19 1:00
5/5 1:00	5/21 1:00
5/7 1:00	5/21 1:00
5/10 1:00	5/24 1:00
5/12 1:00	5/26 1:00
5/14 1:00	5/28 1:00
5/17 1:00	5/31 1:00

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25 Large....\$.50
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer... \$.50
- Chips.... \$.50
- Big Snack Bags.... \$1.00
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints)\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) \$.50
- Greeting Card with Envelope....\$.50
- Tape.....\$1.00
- Night Lights...\$1.00

Basic Hygiene:

- Pocket Size Kleenex\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Liquid Hand Soap... \$1.00
- 3 Bars of Hand Soap \$1.00
- Q-Tips.....\$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- Razors.... \$1.00
- After Shave... \$1.00