









































# Meadow Ridge Senior Living: Assisted Living

## April 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>April Fool's Day 1</b>	<b>Good Friday 2</b>	<b>3</b>
<b>Room Key:</b> MC – Memory Care AR – Activities Room DR – Dining Room PD-Private Dining Room L – Library (2 <sup>nd</sup> floor) LO – Lobby PL – Parking Lot / EV- Elevator	<b>All programming is subject to change.</b>  <b>Updates will be posted on the elevators</b> <b>See Kavina with questions</b>			10:00 (AR) Left Center Right (AR) 1:00 <b>Ted Talk: Why we make bad decisions</b> By Dan Gilbert (AR)  2:00 <b>AR closed for Staff meeting</b>	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Happy Hour <b>Feature Drink: April Showers Cocktail</b> 	1:30 Matinee Movie (AR) 
<b>Easter 4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<i>Independent Programming</i> 10:00 Brain Games (LO)   1:30 Matinee Movie (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Name 5 (AR) 3:00 Easter Egg Hunt	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (DR)  3:00 <b>Ted Talk: How Electro Therapy Changed Me</b> by Sherwin Nuland (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures With Kavina <b>(Wear a mask)</b> (AR) 3:00 Resident Meeting (AR)	10:00 Left Center Right (DR) 1:00 -3:00 <b>AR Closed for Covid Vaccine</b>  2:30 Candy Bar Bingo (DR)	10:00 Mexican Train Dominoes (AR) 12:00 1:00 Meadow Market (AR)  3:00 Happy Hour <b>Feature Drink: Pineapple Bourbon Lemonade</b>	<i>Independent Programming</i>  1:30 Matinee Movie (AR) 
<b>11</b>	<b>12</b>	<b>Ramadan 13</b>	<b>14</b>	<b>Tax Day 15</b>	<b>16</b>	<b>17</b>
10:00 Brain Games (LO)   1:30 Matinee Movie (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: 20 questions 3:00 Craft Club: Mini Bird house painting (AR) 	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (DR) 3:00 Jeopardy (AR) 	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina <b>(Wear a mask)</b> (AR)  3:00 Debate Club with Kavina (AR)	10:00 Left Center Right (AR) 1:30 <b>Ted Talk: A Family Tree for humanity</b> by Spencer Wells (AR)  2:30 Candy Bar Bingo (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Happy Hour <b>Feature Drink: Bahama Mama</b> 	<i>Independent Programming</i>  1:30 Matinee Movie (AR) 
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>Earth Day 22</b>	<b>23</b>	<b>24</b>
<i>Independent Programming</i> 10:00 Brain Games (LO)   1:30 Matinee Movie (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: 500 3:00 Craft Club: Mason Jar Flowerpot Painting 	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (AR) 3:00 Education Hour (AR) 	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina <b>(Wear a mask)</b> (AR)  3:00 Earth Day Party (AR) 	10:00 Left Center Right (AR) 1:30 <b>Ted Talk: Why climate change is a threat to human rights</b> by Mary Robinson (AR)  2:30 Candy Bar Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Wine & Cheese Social with Anne (AR) 	<i>Independent Programming</i>  1:30 Music with Megan (DR)
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<i>Independent Programming</i> 10:00 Brain Games (LO)   1:30 Matinee Movie (AR)	10:00 Chair Exercise (AR)  1:00 Meadow Market (AR) 1:30 New Game: Yahtzee 3:00 Craft Club: Sun Catchers (AR) 	10:00 Rummy Club (AR)  1:30 2 Penny Bingo (AR) 3:00 Armchair Travelers: Venice Italy (AR) 	10:30 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina <b>(Wear a mask)</b> (AR) 3:00 Birthday Party (DR) 	10:00 Left Center Right (AR) 1:30 <b>Ted Talk: King Richard III: Solving a 500-year-old cold case.</b> By Dr. Turi King  2:30 Candy Bar Bingo (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 3:00 Happy Hour <b>Feature Drink: Whiskey Sour</b> 	

This month's focus is on Educational Wellbeing



**MEADOW RIDGE**  
SENIOR LIVING

*Life Enrichment at Meadow Ridge*

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2<sup>nd</sup> floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3<sup>rd</sup> floor)
- EV- Posted on Elevator

All programming subject to change.  
Updates will be posted in elevators & dining room.  
 Please see Kavina with questions.

April Birthdays:

- Linda B. 4/13
- Marietta H. 4/15
- Judy W. 4/15
- Aldy S. 4/16
- Jeanette M. 4/22
- Norma C. 4/22
- Joyce H. 4/25
- Martha L 4/25
- Pauline P 4/29
- Greg S. 4/29



Need Something?  
 Come to the Meadow Market in the Activity Room **Monday Wednesday and Friday at 1:00**

The store will be open for 30 minutes.



4/2 1:00	4/19 1:00
4/5 1:00	4/21 1:00
4/7 1:00	4/23 1:00
4/9 1:00	4/26 1:00
4/12 1:00	4/28 1:00
4/14 1:00	4/30 1:00
4/16 1:00	

Meadow Market Merchandise:

**Snack Food:**

- Small Bottled Water....\$.25 Large....\$.50
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer... \$.50
- Chips.... \$.50
- Big Snack Bags.... \$1.00
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints) ....\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) .... \$.50
- Greeting Card with Envelope....\$.50
- Tape.....\$1.00
- Night Lights...\$1.00

**Basic Hygiene:**

- Pocket Size Kleenex ....\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Liquid Hand Soap... \$1.00
- 3 Bars of Hand Soap \$1.00
- Q-Tips.....\$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- Razors.... \$1.00
- After Shave... \$1.00