


Meadow Ridge Senior Living Dining Calendar

September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
	All Breakfasts: Continental Breakfast				Lunch: Seasoned Chicken Wings, Asparagus, Roasted Potatoes and Chef's choice of Pie Dinner: Turkey Burger, LTO, Corn on the Cob, Coleslaw and Apple Crisp Soup: Corn Chowder	Lunch: Pork Chops, Mash Potato and Gravy, Roasted Vegetable Blend and Frosted Cake Dinner: BBQ Pulled Chicken on a bun, Vegetable Blend, Potato Salad and Pudding Soup: Chicken Wild Rice
4	5	6	7	8	9	10
Lunch: Shrimp Scampi, Roasted Potatoes, Peas and Carrots and Danish Dinner: Chicken and Broccoli Casserole, Dinner Roll and Jello Soup: Italian Wedding	Lunch: Chicken Mac and Cheese, Zucchini and a Fruit Cup Dinner: Swedish Meatballs, Egg Noodles, Mixed Vegetables and Eclair Soup: Minstrone	Lunch: Beef Tacos, Spanish Rice, Fajita Vegetables, Tomato, Sour Cream, Cheese and Cinnamon Cake Dinner: Green Pepper Casserole, Rice, Breadstick and Chocolate Pudding Soup: Split Pea	Lunch: Orange Chicken, Fried Rice, Vegetable EggRoll, Vegetable Blend and Ice Cream Treat Dinner: Sloppy Joes on a Bun, Seasoned Tator Tots, Brussell Sprouts and Cookie Soup: Vegetable	Lunch: Gyro Meat, Pita Bread, Tomato, Lettuce, Onion, Tzatziki Sauce, Cucumber Salad and Brownie Dinner: Chicken Tenders with Dipping Sauce, French Fries, Green Beans and Fruit Cup Soup: Butternut Squash	Lunch: Beef Stir Fry with Rice and Broccoli and Angel Food Cake Dinner: Chicken Kiev, Pea Pearl & Onion, Rice Pilaf and Pears Soup: French Onion	Lunch: Grilled Cheese Sandwich, Tomato Soup, Zucchini and Pastry Dinner: BLT Sandwich, Coleslaw, Chips and Frosted Cake Soup: Chef's Choice
11	12	13	14	15	16	17
Lunch: Black Bean Chicken, Corn, Rice and Fruit Crisp Dinner: Crab Cakes, Zucchini, Diced Potatoes and Pound Cake Soup: Chicken Dumpling	Lunch: Tuna Noodle Casserole, Dinner Roll, Cauliflower and a Cookie Dinner: Beef Stew, Dinner Roll and Ice Cream Sandwich Soup: Vegetable	Lunch: Philly Cheesesteak, Peppers and Onions, French Fries and Frosted Cake Dinner: Shrimp Tacos, Rice, Black Beans, Mango Salsa and Rice Crispy Treat Soup: Chicken Noodle	Lunch: Penne Pasta with Smoke Sausage, Breadstick, Mixed Vegetable and Pudding Dinner: Chicken Alfredo, Broccoli, Breadstick and Brownie Soup: Tomato Basil	Lunch: Pepperoni or Veggie Pizza, Tossed Salad, Zucchini and Jello Dinner: Chicken Gumbo, Rice, Breadstick, Vegetable Bend and Ice Cream Soup: Chef's Choice	Lunch: Fried Chicken, Mash Potatoes and Gravy, Corn and a Cherry Turnover Dinner: Lemon Pepper Fish, Carrots, Roasted Potatoes and Chef's choice of Pie Soup: Cream of Potato	Lunch: Chicken Pesto Pasta, Mixed Vegetable Blend and Pudding Dinner: Cheesy Ravioli in Meat Sauce, Breadstick Green Beans and Mandorian Oranges Soup: Italian Wedding
18	19	20	21	22	23	24
Lunch: Scrambled Eggs, Pancake, Sausage Patty, Hashbrown and Pineapple Dinner: Apple and Brie Chicken, Broccoli, Rice Pilaf and Pineapple Upsidedown Cake Soup: Baked Potato	Lunch: French Dip with Au Jous, Normandy Vegetable Blend and a Cookie Dinner: Spaghetti and Meatball, Breadstick, Greenbeans and Manderain Oranges Soup: Wisconsin Cheese	Lunch: Baked Chicken, Sweet Corn, Roasted Potatoes and Jello Dinner: Salisbury Steak, Dinner Roll, Prince Edwards Vegetable Blend and Lemon Cake Soup: Tomato Florintine	Lunch: Cheeseburger on a Bun, French Fry, Asparagus and Pudding Dinner: Baked Chicken, Roasted Red Peppers, Zucchini and Chef's Choice Dessert Soup: Vegetable	Lunch: Tator Tot Hotdish, Dinner Roll, Seasoned Peas and Angel Food Cake Dinner: Turkey Breast, Mash Potato and Gravy, Green Bean and Pumpkin Pie Soup: Corn Chowder	Lunch: Coconut Curry Salmon, Zucchini, and Potatoes Ice Cream Treat Dinner: Lemon Pepper Chicken, Peas and Carrots, Roasted Potatoes and Fruit Crisp Soup: Chef's Choice	Lunch: Goulash, Dinner Roll, Green Beans and Pudding Dinner: Seasoned Tilapia, Glazed Carrots, Rice Pilaf and Fresh Fruit Soup: Potato Leek
25	26	27	28	29	30	
Lunch: Tuna Melt Sandiwches, Zucchini, Steak Fries and Cream Puff Dinner: Glazed Ham, Mash Potatoes and Gravy, Green Beans and Pudding Soup: Cream of Broccoli	Lunch: Brats on a Bun, Corn and Roasted Potatoes with Pecan Pie Dinner: Sloppy Joe's on a Bun, Tator Tots, Vegetable Blend and Pound Cake Soup: Tomato Bisque	Lunch: Chicken Fajitas, Spanish Rice, Black Beans and Ice Cream Sandwich Dinner: Beef Chili, Corn Bread, Carrots and Eclair Soup: Chef's Choice	Lunch: Home Made Chicken Noodle Soup, Breadstick, Vegetable Blend and Brownie Dinner: Pot Roast, Mashed Potatoes and Gravy, Carrots and Cookie Soup: Tomato			Desserts and meals may change depending on availability