














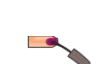






























# Meadow Ridge Senior Living – Memory Care

## April 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>April Fool's Day 1</b>	<b>Good Friday 2</b>	<b>3</b>
<b>All programming subject to change. Updates will be posted on the bulletin boards in all memory care living rooms. Please see Kavina with questions</b>	<b>Key: MC – Memory Care</b> AR – Activities Room DR – Dining Room L – Library (2 <sup>nd</sup> floor) LO – Lobby PL – Parking Lot HHA – Home Health Aid			10:00 Manicures with HHA 1:30 Candy Bar Bingo  2:30 Piano Music By Dyrell (MC2) 	10:00 Volleyball (MC2)  1:30 Movie & Popcorn: Searching for Bobby Fischer (MC1-3) 3:00 Snack & Chat with HHA 	10:00 Bingo with HHA (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie (MC1-3)
<b>Easter 4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>Independent Programming</b> 10:00 Current Events & Exercise w/ HHA (MC1-3)  6:15 Hand Massages & Manicures w/ HHA (MC1-3) 	10:30 Sing Along (MC1-3) 1:30 Memories with Marietta (MC1-3) 3:00 Easter Egg Hunt (MC1-3) 	10:00 Chair Exercise (MC2)  1:30 Walking Club with HHA (MC1-3) 3:00 Carmel Popcorn Day (MC1-3) 	10:00 Balloon Tennis (MC1-3) 1:30 Walking Club with HHA (MC1-3) 3:00 Volunteer Hours 	10:00 Manicures with HHA (MC1-3) 1:30 Candy Bar Bingo (MC1-3)  3:00 Creative Coloring with HHA (MC1-3)	10:00 Volleyball (MC2)  1:30 Movie & Popcorn: Greater (MC1-3)  3:00 Music with Megan (MC2)	11:30 10:30 Chair exercise (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
<b>11</b>	<b>12</b>	<b>Ramadan 13</b>	<b>14</b>	<b>Tax Day 15</b>	<b>16</b>	<b>17</b>
<b>Independent Programming</b> 10:00 Current Events & Exercise w/ HHA (MC1-3)  6:15 Hand Massages & Manicures w/ HHA (MC1-3) 	10:30 Sing along (MC1-3)  1:30 Name the song (MC1-3) 3:00 Craft Club Mini Bird house painting (AR) 	10:00 Chair Exercise (MC2) 1:30 Walking Club with HHA (MC1-3)  3:00 Volunteer Hours 	10:00 Balloon Tennis (MC1-3) 1:30 Bean Bag toss (MC1-3)  2:30 Piano Music by Dyrell (MC2)	10:00 Manicures with HHA (MC1-3) 1:30 Candy Bar Bingo (MC1-3)  2:30 Piano Music By Dyrell (MC2) 	10:00 Volleyball (AR)  1:30 Movie & Popcorn: The Boy Who Harnessed the Wind (MC1-3)  3:00 Snack & Chat with HHA	10:30 Chair exercise (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>Earth Day 22</b>	<b>23</b>	<b>24</b>
<b>Independent Programming</b> 10:00 Current Events & Exercise with HHA (MC1-3) 6:15 Hand Massages w/HHA (MC1-3)	10:00 Sing Along (MC2) 1:30 Memories with Marietta (MC1-3) 3:00 Craft Club: Mason Jar Flowerpot (AR) 	10:00 Chair Exercise (MC2) 1:30 Walking Club with HHA (MC1-3)  3:00 Education Hour (AR) 	10:00 Balloon Tennis (MC1-3) 1:30 Jellybean Taste Testing (MC1-3)  3:00 Earth Day party 	10:00 Manicures with HHA (MC1-3) 1:30 Candy Bar Bingo (MC1-3)  3:00 Creative Coloring with HHA (MC1-3)	10:00 Volleyball (AR)  1:30 Movie & Popcorn: Loving (MC1-3)  3:00 Music with Megan (MC2) 	11:30 Music with Megan (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
<b>Independent Programming</b> 10:00 Current Events & Exercise with HHA (MC1-3)  3:00 Snack & Chat w/HHA (MC1-3) 6:15 Hand Massages w/HHA (MC1-3)	10:00 Sing along (MC1-3) 1:30 Pictionary (MC1-3) 3:00 Craft Club: Sun catchers (AR) 	10:00 Chair Exercise (MC2) 1:30 Walking Club with HHA (MC1-3)  3:00 Armchair Travelers: Venice Italy (AR) 	10:00 Balloon Tennis (MC1-3) 1:30 Who Am I? Anne Margret Presentation (MC2) 3:00 Birthday Party 	10:00 Manicures with HHA (MC1-3) 1:30 Candy Bar Bingo (MC1-3)  3:00 Creative Coloring with HHA (MC1-3)	10:00 Volleyball (AR)  1:30 Movie & Popcorn: Invictus (MC1-3)  3:00 Piano Music by Megan (MC2) 	

This month's focus is on Physical Wellbeing