Meadow Ridge Senior Living – Memory Care

November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
Room Key: **MC – Memory Care** **AR – Activities Room** **DR – Dining Room** **PD-Private Dining Room** **L – Library (2nd floor)** **LO – Lobby** **PL – Parking Lot** **HHA- Home Health Aide**		10:00 Balloon Tennis (MC1-3) 10:00 Lilly the Dog (MC1-3) 1:30 Hangman (MC1-3) 3:00 Bean Bag Toss	10:00 Pool Noodle Hockey (MC2) 1:30 Creative Coloring (MC1-3) 3:00 Matinee Movie: (MC1-3)	10:00 Reminiscing with HHA (MC1-3) 1:30 Japanese Tea Tasting for Bunka No Hi (MC1-3) 3:00 Candy Bar Bingo (AR)	10:00 Kickball (MC1-3) 1:30 Popcorn Cart (MC1-3) 3:00 Board Games w/ HHA (MC1-3)	***Independent Programming*** 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Music with HHAs (MC1-3)
6	7	8	9	10	11	12
Independent Programming 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Movie with HHAs (MC1-3)	10:00 Sing Along (MC2) 1:30 Manicures (MC1-3) 3:00 Craft Club: Pumpkin Vase (AR)	10:00 Walking Club (MC1-3) 10:00 Lilly the Dog (MC1-3) 1:30 Beverages/ Snacks Chat Cart (MC1-3) 2:45 Scenic Drive (LO)	10:00Pool Noodle Hockey (MC2) 1:30 Musical Performance: Matthew Gogola (MC1-3) 3:00 Hangman Game (MC2)	8:30 1:1 with Laurisa (MC1-3) 10:00 Reminiscing with HHA (MC1-3) 1:30 Canvas Coloring & Music (MC2) 3:00 Candy Bar Bingo (AR)	10:00 Kickball (MC1-3) 1:30 Popcorn Cart (MC1-3) 3:00 Board Games w/ HHA (MC1-3)	***Independent Programming*** 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Music with HHAs (MC1-3)
13	14	15	16	17	18	19
Independent Programming 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Movie with HHAs (MC1-3)	10:00 Donut Scenic Drive (MC2) 1:30 Manicures (MC1-3) 3:00 Craft Club: Gnome Wreath (AR)	10:00 Balloon Tennis (MC1-3) 10:00 Lilly the Dog (MC1-3) 1:30 Beverages/ Snacks Chat Cart (MC1-3) 3:00 Connect 4 (LO)	10:00 Pool Noodle Hockey (LO) 1:30 Get to Know Manager: Michael (AR) 3:00 Thanksgiving Party (AR)	10:00 Reminiscing with HHA (MC1-3) 1:30 Creative Coloring & Music (MC2) 3:00 Candy Bar Bingo (AR)	10:00 Kickball (MC2) 1:30 Popcorn Cart (MC1-3) 3:00 Board Games w/ HHA (MC1-3)	***Independent Programming*** 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Music with HHAs (MC1-3)
20	21	22	23	Thanksgiving 24	25	26
Independent Programming 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Movie with HHAs (MC1-3)	10:00 Sing Along (MC1-3) 1:30 Manicures (MC1-3) 3:00 Craft Club: Gratitude Leaf Ornament (AR)	10:00 Walking Club 10:00 Lilly the Dog 1:30 Service w/ Cindy (AR) 3:00 Putting Green (MC1-3)	10:00 Pool Noodle Hockey (MC2) 1:30 Musical Performance: Tim Hipps (AR) 3:00 Candy Bar Bingo (AR)	***Independent Programming*** 10:00 Reminiscing w/ HHA (MC1-3) 3:00 Board Games w/ HHA (MC1-3)	***Independent Programming*** 10:00Reminiscing w/ HHA (MC1-3) 3:00 Board Games w/ HHA (MC1-3)	***Independent Programming*** 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Music with HHAs (MC1-3)
27	28	29	30			
Independent Programming 10:30 Puzzle with HHA (MC1-3) 3:00 Snack and Movie with HHAs (MC1-3)	10:00 Sing Along (MC1-3) 1:30 Manicures (MC1-3) 3:00 Craft Club: Fall Wood Decoration (AR)	10:00 Balloon Tennis (MC1-3) 10:00 Lilly the Dog 1:30 Beverages/ Snacks Chat Cart (MC1-3) 3:00 Birthday Party (AR)	10:30 Pool Noodle Hockey (MC1-3) 1:30 Tea Tasting (MC1-3) 3:00 Armchair Travelers: New England (AR)			**All programming is subject to change.** ***Updates will be posted on the elevators*** **See Laurisa & Kavina with questions.**

This month's focus is on Mental Health