



Meadow Ridge Senior Living

May2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Breakfast: 5 Continental Breakfast Noon Baked Chicken with Spanish Rice and Roasted Corn Evening Beer Braised Pork Shoulder Mashed Potatoes Carrot Blend	Continental Breakfast Served Monday-Sun Toast, Cereal, Fresh Fruit, Hard-boiled Eggs, Pastries and Yogurt  Breakfast: 6 Continental Breakfast Noon Baked Chicken Drumsticks Au Gratin Potatoes Roasted Beets Evening Homemade Pizza Italian Side Salad	Hot Breakfast Served May 16th and May 30th at 7:30AM Bacon, Sausage, Eggs, Hashbrowns and Pancakes All meals are subject to change with proper notice Breakfast: 7 Continental Breakfast Noon Taco Salad Sour Cream and Salsa Evening Beef and Cheddar Sandwich Curly Fries	Breakfast: 1 Continental Breakfast Noon Chicken Quarters Roasted Potatoes Carrots Evening Deli Hoagie Sandwich Potato Chips Pickle Breakfast: 8 Hot Breakfast Noon Fried Chicken Thigh Sweet Potatoes Corn Evening Sausage Tortellini Italian Vegetables	Breakfast: 2 Continental Breakfast Noon Pot Roast Garlic Mashed Potatoes Green Beans Evening Ham and Cheese Scalloped Potatoes Breakfast: 9 Continental Breakfast Noon Koren Ribs Korean Fried Rice Oriental Vegetables Evening Chicken Caesar Wrap Fresh Fruit	Breakfast: 3 Continental Breakfast Noon Tempura Shrimp Vegetable Lo Mein Evening Bistro Gilled Cheese Sandwich Potato Wedges Breakfast: 10 Continental Breakfast Noon Shrimp Skewer Garlic Noodles Asian Coleslaw Evening Beer Braised Bratwurst Broccoli Salad	Breakfast: 4 Continental Breakfast Noon Cheese Manicotti Italian Vegetables Garlic Toast Evening Tater Tot Hot Dish Dinner Roll Breakfast: 11 Continental Breakfast Noon Mother's Day Brunch Breakfast Items Evening Open Faced Turkey Sandwich
Breakfast: 12 Continental Breakfast Noon Beef Stroganoff Egg Noodles Broccoli Evening Battered Cod with Rice Pilaf and Asparagus	Breakfast: 13 Continental Breakfast Noon Chicken Parmesan Seasoned Noodles Zucchini Evening Turkey Al A King Puff Pastry	Breakfast: 14 Continental Breakfast Noon Sweet and Sour Chicken Vegetable Lo Mein Cream Cheese Won Ton Evening Apple Fritter French Toast Sausage Links Fresh Fruit	Breakfast: 15 Continental Breakfast Noon Honey Baked Ham Scalloped Potatoes Sweet Potatoes Evening Beer Cheese Mac ad Cheese w/ Crispy Chicken	Breakfast: 16 Continental Breakfast Noon Spaghetti and Meat sauce Italian Vegetables Garlic Toast Evening Grilled Chicken with Mashed Potatoes and Gravy	Breakfast: 17 Continental Breakfast Noon Walleye Baked Potato Seasoned Peas Evening Philly Cheese Steak Cheese Curds	Breakfast: 18 Continental Breakfast Noon Country Fried Steak Mashed Potatoes Buttered Corn Evening Grilled Rueban German Potato Salad
Breakfast: 19 Continental Breakfast Noon Linguini and Shrimp Broccoli Breadstick Evening Meatloaf with Scalloped Potatoes and Mixed Vegetables	Breakfast: 20 Continental Breakfast Noon Chicken Stir Fry Fried Rice Egg Roll Evening Beef Brisket Chili Honey Cornbread	Breakfast: 21 Continental Breakfast Noon Raspberry Glazed Pork Loin Roasted Potatoes Asparagus Evening Grilled Chicken Caprese Salad Roasted Potatoes	Breakfast: 22 Hot Breakfast Noon BBQ Chicken Macaroni Mixed Vegetables Dinner Roll Evening BLT Sandwich Potato Chips	Breakfast: 23 Continental Breakfast Noon Roasted Turkey Stuffing Roasted Squash Evening Crab Salad Sandwich Cucumber Salad	Breakfast: 24 Continental Breakfast Noon Lasagna Roll Ups Side Salad Garlic Toast Evening Chicken Chow Mein White Rice	Breakfast: 25 Continental Breakfast Noon Salisbury Steak Mashed Potatoes Buttered Corn Evening Ham and Scalloped Potato Casserole
Breakfast: 26 Continental Breakfast Noon Sesame Meatballs White Rice Egg Roll Evening Chili Cheese Hot Dog Onion Rings	Breakfast: 27 Continental Breakfast Noon California Burger Baked Beans Corn on the Cobb Evening Turkey and Pasta Salad Mini Croissant with Vegetables	Breakfast: 28 Continental Breakfast Noon Polish Sausage Au Gratin Potatoes Brown Sugar Carrots Evening Smoked Chicken Wings Blue Cheese Coleslaw Fresh Fruit	Breakfast: 29 Continental Breakfast Noon Swiss Steak Mashed Potatoes Broccoli Evening Chicken Fajitas Pineapple Rice	Breakfast: 30 Continental Breakfast Noon Shrimp Scampi Garlic Butter Rice Zucchini Evening Grilled Tuna Melt Potato Chips	Breakfast: 31 Continental Breakfast Noon Cranberry Glazed Chicken Wild Rice Pilaf Roasted Brussels Sprouts Evening Pulled Pork Sandwich Macaroni Salad	Noon and Evening meals are accompanied with a choice of Homemade Soup, Fresh Fruit Garden Salad, and Dessert *Alternate Menu is available upon request during mealtimes.