






























Meadow Ridge Senior Living: Assisted Living				December 2018		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1st Day of Advent 2</b>	<b>1st of Hanukkah 3</b>	<b>Toys Tuesday 4</b>	<b>Volunteer Day 5</b>	<b>6</b>	<b>Anniversary of Pearl Harbor 7</b>	<b>Rosa Parka Day 1</b>
<i>Independent Programming</i> <b>1:30</b> Puzzle & Crossword Club (AR) <b>3:00</b> Vikings Game Showing (AR) 	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Bella the dog <b>1:00</b> Meadow Market (AR) <b>1:30</b> Hanukkah Cookie Decorating with Kavina (AR)  <b>2:30</b> Outing: General Christmas Store of Minnetonka (LO) <b>3:00</b> TV: Showing Chef's Table (AR)	<b>10:00</b> Outing: Trader Joe's (LO) <b>10:00</b> Rummy Club (AR) <b>1:30</b> Matinee Movie: A Christmas Story <b>3:00</b> Homemade Gift – Snowman Bars (AR) <b>5:00</b> Outing: Brookview Bar & Grill	<b>10:00</b> Sit and Be Fit (AR) <b>1:30</b> Outing: Volunteering w/ Salvation Army - Bell Ringing (AR)  <b>3:00</b> Debate Hour with Kersten (AR)	<b>10:00</b> Cribbage Club (L) <b>10:45</b> Volleyball (AR) <b>1:30</b> Candy Bingo (AR)  <b>3:00</b> Resident Meeting <b>4:00</b> Meadow Market	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Catholic Communion (L) <b>1:00</b> Meadow Market (AR) <b>1:30</b> Outing: Target (LO) <b>1:30</b> Manicures (AR) <b>3:00</b> Wine and Cheese (AR) 	<i>Independent Programming</i> <b>10:00</b> Rummy club (AR) <b>1:30</b> Matinee Movie: Lee Daniels' The Butler (AR)
<b>2nd Day of Advent 9</b>	<b>Hanukkah Ends 10</b>	<b>11</b>	<b>Jamhuri Day 12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<i>Independent Programming</i> <b>10:00</b> Puzzle & Crossword Club (AR) <b>1:30</b> Matinee Movie: Saving Mr. Banks (AR) 	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Bella the dog <b>1:00</b> Meadow Market (AR) <b>1:00-4:00</b> Lisa's Holiday Craft Sale (LO) <b>1:30</b> Education Hour with Jess <b>3:00</b> Holiday Choir Community (AR) <b>7:00</b> Vikings Game Showing (AR)	<b>8:00</b> Hot Breakfast (DR)  <b>10:00</b> Rummy Club (AR) <b>1:30</b> Service in the Lord (AR) <b>3:00</b> Holiday Happy Hour (AR) <b>4:15</b> Holiday Train Food Drive (Golden Hills Dr Railway Crossing)	<b>10:00</b> Chair Tai Chi (AR) <b>1:30</b> Candy Bar Bingo (AR)  <b>2:30</b> Meadow Market (AR) <b>3:00</b> Debate Hour with Kersten (AR)	<b>10:00</b> Cribbage Club (L) <b>10:45</b> Volleyball (AR)  <b>1:30</b> Music Performance by Scott & Malcolm (DR) <b>3:00</b> Jeopardy with Jess (AR) <b>4:00</b> Meadow Market (AR) <b>4:00-6:00: Lobby Area Closed for Private Event</b>	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Catholic Mass (L) <b>1:00</b> Meadow Market (AR) <b>1:30</b> Manicures (AR) <b>3:00</b> Wine & Cheese (AR) 	<b>10:00</b> Rummy Cards (AR) <b>1:30</b> Cookie & Card Decorating with Jess (AR)  <b>3:00</b> Matinee Movie – Holiday Inn (AR)
<b>3rd Day of Advent 16</b>	<b>Christmas Carol Anniversary 17</b>	<b>Nutcracker Day 18</b>	<b>19</b>	<b>Door Decorating Contest closed 20</b>	<b>21</b>	<b>22</b>
<i>Independent Programming</i> <b>12:00</b> Vikings Game with Jess (AR)  <b>3:00</b> Puzzle & Crossword Club (AR)	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Bella the dog <b>1:00</b> Meadow Market (AR) <b>1:30</b> Outing: Walmart (LO) <b>3:00</b> Matinee Movie – A Christmas Carol (AR) 	<b>10:00</b> Outing: Dollar Tree <b>10:00</b> Rummy Club (AR) <b>1:30</b> Service with Cindy (AR) <b>3:00</b> Outing: Walgreens (AR) <b>3:00</b> Live Ballet Performance of The Nutcracker (AR) 	<b>10:00</b> Sit and Be Fit (AR) <b>1:30</b> Candy Bar Bingo (AR)  <b>2:30</b> Meadow Market (AR) <b>3:00</b> Debate Hour with Kersten (AR)	<b>10:00</b> Cribbage Club (L) <b>10:45</b> Volleyball (AR)  <b>1:00</b> Meadow Market (AR) <b>1:30</b> Manicures (AR) <b>4:00-6:00</b> Holiday Party <b>invite your family</b> (DR)	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Catholic Communion (AR) <b>1:30</b> Outing: Antiquified (LO) <b>1:30</b> Matinee Movie: It's a Wonderful Life (AR)	<i>Independent Programming</i> <b>10:00</b> Rummy Club (AR) <b>1:30</b> Bingo with Gloria (AR)  <b>3:00</b> Lutheran Service in the Lord – Holiday Program (AR)
<b>4th Day of of Advent 23</b>	<b>Christmas Eve 24</b>	<b>Christmas Day 25</b>	<b>1st Day of Kwanzaa 26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<i>Independent Programming</i> <b>9:00</b> Puzzle & Crossword Club (AR) <b>1:30</b> Uno Club (Library) <b>11:00-5:00 Activities Room closed due to private event</b>	<i>Independent Programing</i> <b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Bella the dog <b>1:30</b> Matinee Movie: White Christmas (AR) 	<i>Independent Programing</i> <b>10:00</b> Rummy Cards Club (AR)  <b>1:30</b> Matinee Movie: Christmas With the Kranks (AR)	<b>10:00</b> Chair Tai Chi (AR)  <b>1:30</b> Candy Bar Bingo (AR) <b>3:00</b> Arm Chair travelers (AR) 	<b>10:00</b> Cribbage Club (L) <b>1:30</b> Music Performance – Bill Mann (AR) <b>3:30</b> Birthday Celebration (AR) 	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Catholic communion (L) <b>1:00</b> Meadow Market (AR) <b>1:30</b> Manicures (AR) 	<i>Independent Programming</i> <b>10:00</b> Rummy Club (AR) <b>1:30</b> Bingo with Mabel (AR)  <b>3:00</b> Matinee Movie - Overboard (AR)
<b>30</b>	<b>31</b>					
<i>Independent Programming</i> <b>12:00</b> Vikings Game Showing (AR)  <b>3:00</b> Puzzle & Crossword Club (AR)	<b>10:00</b> Mexican Train Dominoes (AR) <b>10:00</b> Bella the dog <b>12:00</b> New Year's Eve Happy Hour (DR)	  		<b>Room Key:</b> MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2nd floor) LO – Lobby PL – Parking Lot	<b>All programming subject to change.</b> <b>Updates will be posted on the bulletin boards in all memory care living rooms.</b> <b>Please see Jess with questions</b>	

This month’s focus is on Community Wellbeing



MEADOW RIDGE  
SENIOR LIVING

Life Enrichment at Meadow Ridge  
December 2018

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2<sup>nd</sup> floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3<sup>rd</sup> floor)

All programming  
subject to change.  
*Updates will be  
posted in elevators  
& dining room.*  
Please see Jess with  
questions.

December Birthdays

- |                |                 |
|----------------|-----------------|
| Jane M. 12/03  | Marilyn J 12/16 |
| Howard R 12/08 | Bill W. 12/16   |
| Lucy k. 12/12  | Shirley K 12/20 |
| Mort R 12/13   | Maxine B 12/27  |
| Barb S 12/13   | Audrey W 12/31  |



Programming Update:

The Meadow Market (*the store in the Activities Room*). This is a place where you can get cards, basic hygiene, and snack food items.

The store hours will be posted on your monthly calendars and below as “Meadow Market”. *We will keep the store open for 30 minutes.*

December's  
Store Hours



12/3 1:00

12/6 4:00

12/7 1:00

12/10 1:00

12/12 2:30

12/14 1:00

12/17 1:00

12/19 2:30

12/20 1:00

12/28 1:00

Meadow Market  
Merchandise:

Snack Food:

- Small Bottled Water....\$.25
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
- Chips.... \$.50
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints) ....\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter \$1.00

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) .... \$.50
- Greeting Card with Envelope....\$.50

Basic Hygiene:

- Pocket Size Kleenex ....\$.50
- Lotion.... \$1.00
- Shower Gel.... \$1.00
- Toilet Paper (4 rolls) \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- 3 razors.... \$1.00