










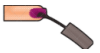





















Meadow Ridge Senior Living – Memory Care

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
			All programming subject to change. Updates will be posted on the bulletin boards in all memory care living rooms. Please see Jess with questions	Key: MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2 nd floor) LO – Lobby PL – Parking Lot HHA – Home Health Aid	10:00 Catholic Communion (L) 10:45 Current Events & Exercise with Kavina (MC2) 3:00 Coco & Chat with Kavina (MC1-3) 	Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 10:00 Trace the Dog Visits (MC 1-3) 3:00 Snack & Chat with HHA (MC 1-3) 6:15 Movie Night & Popcorn with HHA (MC1-3) 
3	4	Mardi Gras 5	6	7	8	9
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack and Chat with HHA (MC 1-3) 6:15 Manicures with HHA (MC 1-3) 	10:00 Bella the Dog Visits (MC 1-3) 3:00 Luna the Dog Visits (MC 1-3) 6:15 Ti Ti & Chair Exercise with Suzanne (MC2) 	10:30 Current Events & Exercise with Kavina (MC3) 3:00 Mardi Gras Masks with Kavina (MC1-3) 5:00 Mardi Gras Dinner (MC 1-3) 	10:30 Current Events & Exercise with Kavina (MC2) 1:30 Candy Bar Bingo (AR) 3:00 Cooking with Kavina (MC2) 6:15 Creative Color with HHA (MC 1-3) 	10:45 Volleyball (AR) 1:30 Music Performance by Mary Hall (DR) 3:00 Snack & Chat with HHA (MC 1-3) 	10:00 Catholic Mass (L) 10:45 Current Events & Exercise with Kavina (MC2) 3:00 Coco & Chat with Kavina (MC1-3) 	10:00 Current Events & Exercise with HHA (MC1-3) 10:00 Trace the Dog Visits (MC 1-3) 2:00 Manicures with Jess (MC 1-3) 
10	11	12	13	14	15	16
10:00 Current Events & Exercise with HHA (MC1-3) 2:00 Name that Smell with Jess (MC 1-3) 6:15 Movie Night & Popcorn with HHA (MC1-3) 	10:00 Bella the Dog Visits (MC 1-3) 10:30 Chair Yoga with Jess (MC2) 3:00 Luna the Dog Visits (MC 1-3) 6:15 Ti Ti & Chair Exercise with Suzanne (MC2) 	8:00 Hot Breakfast (DR) 10:30 Current Events & Exercise with Jess & Kavina (MC3) 1:30 Service in the Lord (AR) 3:00 Craft with Kavina & Suzanne (MC2) 	10:30 Smoothie Social with Jess & Kavina (AR) 1:30 Music by: Amber (MC2) 3:00 Cooking with Kristi & Jess (MC3) 6:15 Creative Color with HHA (MC 1-3) 	10:45 Volleyball (AR) 3:00 Name that Drink with Kavina (MC 1-3) 	10:00 Catholic Communion (L) 10:45 Current Events & Exercise with Kavina (MC2) 3:00 Coco & Chat with Kavina (MC1-3) 	Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 10:00 Trace the Dog Visits (MC 1-3) 3:00 Snack & Chat with HHA (MC 1-3) 6:15 Movie Night & Popcorn with HHA (MC1-3) 
St Patrick's Day 17	18	19	20	21	22	23
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack and Chat with HHA (MC 1-3) 6:15 Manicures with HHA (MC1-3) 	10:00 Bella the Dog Visits (MC 1-3) 2:30 Comedy Hour with Kavina (MC2) 3:00 Luna the Dog Visits (MC 1-3) 6:15 Ti Ti & Chair Exercise with Suzanne (MC2) 	10:30 Current Events & Exercise (MC3) 1:30 Service with Cindy (AR) 3:00 Cake Social with Kavina (MC1-3) 	10:30 Lily the Dog Visits 1:30 Candy Bar Bingo (AR) 6:15 Creative Color with HHA (MC1-3) 	10:45 Volleyball (AR) 1:30 Music Performance by: Mark Stillman (DR) 3:00 Education Hour with Jess & Kavina (AR) 	10:00 Catholic Communion (L) 10:45 Current Events & Exercise (MC2) 3:00 Snack & Chat with HHA (MC1-3)	10:00 Current Events & Exercise with HHA (MC1-3) 10:00 Trace the Dog Visits (MC 1-3) 2:00 Manicures with Kavina (MC 1-3) 
24	25	26	27	28	29	30
10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack & Chat w/ HHA (MC1-3) 31 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Manicures with HHA (MC1-3)	10:00 Bella the Dog (MC1-3) 10:30 Chair yoga with Jess (MC2) 3:00 Craft with Dimension Studios (AR) 3:00 Luna the Dog Visits (MC 1-3) 6:15 Ti Ti and Chair exercise with Suzanne (MC2) 	10:30 Current Events & Exercise (MC3) 1:30 Service in the Lord (AR) 3:00 Snack & Chat with HHA (MC 1-3) 	10:30 Smoothie Social (AR) 1:30 Candy Bar Bingo (AR) 3:00 Arm Chair Travelers-Switzerland (AR) 6:15 Creative Color with HHA (MC1-3) 	10:45 Volleyball (AR) 2:30 Birthday Party (AR) 	10:00 Catholic Communion (L) 10:45 Current Events & Exercise (MC2) 3:00 Coco & Chat with Kavina (MC1-3) 	Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 10:00 Trace the Dog Visits (MC 1-3) 3:00 Snack & Chat with HHA (MC 1-3) 6:15 Movie Night & Popcorn with HHA (MC1-3) 

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