


































Meadow Ridge Senior Living: Assisted Living

March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
			All programming subject to change. Updates will be posted on the bulletin boards in all memory care living rooms. Please see Jess with questions	Room Key: MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2 <sup>nd</sup> floor) LO – Lobby PL – Parking Lot	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 	<i>Independent Programming</i> 10:00 Rummy club (AR) 1:30 Matinee Movie: Battle of the Sexes (AR) 
3	4	Happy Mardi Gras 5	6	7	8	9
<i>Independent Programming</i> 10:00 Brain Games Club (LO) 1:30 Matinee Movie Cinderella (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO) 1:00 Meadow Market (AR) 1:30 Outing: Cub Foods (LO) 3:00 Who are you with Mary Kay (AR)	10:00 Rummy Club (AR) 11:00 Outing: Snuffy's Malt Shop (LO) 1:30 Matinee Movie: Mardi Gras (AR) 2:00 Outing: Target (LO) 5:00 Mardi Gras Dinner (DR) 	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR) 3:00 Outing: Walgreens (LO) 3:00 Debate Hour with Kersten (AR) 	10:45 Volleyball (AR) 1:30 Music Prformance by: Mary Hall (DR) 3:00 Resident Meeting (AR) 4:00 Meadow Market (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Mass (L) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 3:00 Gangs Of New York Documentary (AR) 	<i>Independent Programming</i> 10:00 Rummy Club (AR) 1:30 Bingo with Marilyn (AR) 3:00 Matinee Movie Momma Mia! (AR) 
10	11	12	13	14	15	16
<i>Independent Programming</i> 10:00 Brain Games Club (LO) 1:30 Build Your Own Perfume with Jess (AR) 2:30 Matinee Movie: Life of Pi (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO) 1:30 Chair Yoga with Jess (AR) 3:00 Choir Community with Jess & Kavina: Songs of the Irish (AR) 4:00 Meadow Market (AR) 	8:00 Hot Breakfast (DR) 10:00 Rummy Club (AR) 1:30 Service in the Lord (AR) 3:00 Matinee Movie: Annie Get Your Gun (AR) 	10:00 Smoothie Social with Jess (AR) 1:30 Candy Bar Bingo (AR) 3:00 Debate Hour with Kersten (AR) 4:00 Meadow Market (AR) 	10:45 Volleyball (AR) 2:00 Happy Hour with Jess (AR) 3:00 Jeopardy with Jess (AR) 4:00 Meadow Market (AR)  	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 3:00 Wine & Beer Tasting with Stephanie & Pat (AR) 	<i>Independent Programming</i> 10:00 Rummy Club (AR) 1:30 Bingo with Marilyn (AR) 3:00 Matinee Movie: Brave (AR) 
St. Patrick's Day 17	18	19	20	21	22	23
<i>Independent Programming</i> 10:00 Brain Games Club (LO) 1:30 Matinee Movie: Michael Collins (AR) 5:00 St. Patrick's Themed Dinner (DR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO) 1:00 Meadow Market (AR) 1:30 Outing: Walmart (LO) 1:30 Matinee Movie: Clash of the Titans (AR) 	10:00 Outing: Dollar Tree (LO) 10:00 Rummy Club (AR) 1:30 Service with Cindy (AR) 3:00 Outing: Aldi's (LO) 	10:00 Chair Tai Chi (AR) 1:30 Candy Bar Bingo (AR) 3:00 Debate Hour with Kersten (AR) 4:00 Meadow Market (AR) 	10:45 Volleyball (AR) 1:30 Music Performance by Mark Stillman (DR) 3:00 Education Hour with Jess & Kavina (AR) 4:00 Meadow Market (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:30 Matinee Movie: Dirty Dancing (AR) 1:30 Outing: Como Zoo Conservatory (LO) 	10:00 Rummy Club (AR) 1:30 Cooking with Kavina (AR) 3:00 Matinee Movie: My Big Fat Greek Wedding (AR) 
24	25	26	27	28	29	30
10:00 Brain Games Club (LO) 1:30 Matinee Movie: Avatar (AR) <div>31</div> 10:00 Brain Games Club (LO) 1:30 Matinee Movie: Star Trek (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO) 1:30 Chair Yoga with Jess (AR) 3:00 Craft Club with Dimension Studios - \$10 fee (AR) 	10:0 Rummy Club (AR) 1:30 Service in the Lord (AR) 	10:00 Smoothie Social with Jess (AR) 1:30 Candy Bar Bingo (AR) 2:30 Meadow Market (AR) 3:00 Arm Chair Travelers - Switzerland (AR) 	10:45 Volleyball (AR) 2:30 Birthday Celebration (AR)  	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 3:00 Wine & Cheese with Jess (AR) 	<i>Independent Programming</i> 10:00 Rummy Club (AR) 1:30 Bingo with Marilyn (AR) 3:00 Matinee Movie: When Harry Met Sally (AR) 



MEADOW RIDGE  
SENIOR LIVING

Life Enrichment at Meadow Ridge  
March 2019

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2<sup>nd</sup> floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3<sup>rd</sup> floor)

All programming  
subject to change.  
*Updates will be  
posted in elevators  
& dining room.*  
Please see Jess with  
questions.

March Birthdays

- Diane R. 3/5
- Dan F. 3/10
- Frank P. 3/12
- Jay C. 3/15
- Jennie S. 3/20
- Fletcher G. 3/23
- Gary G. 3/31



Programming Update:

The Meadow Market (*the store  
in the Activities Room*). This is a  
place where you can get cards,  
basic hygiene, and snack food  
items.

The store hours will be posted on  
your monthly calendars and  
below as “Meadow Market”. *We  
will keep the store open for 30  
minutes.*



3/01 1:00	3/15 1:00
3/04 1:00	3/18 1:00
3/07 4:00	3/20 4:00
3/08 1:00	3/21 4:00
3/11 4:00	3/27 2:30
3/13 4:00	3/29 1:00
3/14 4:00	

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
- Chips.... \$\$\$.50
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints) ....\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Grape Jelly... \$1.00
- 2 Cups of Pudding... \$1.00
- 2 Cups of Applesauce... \$1.00
- 2 Cups of Mac & Cheese... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) .... \$.50
- Greeting Card with Envelope....\$.50

Basic Hygiene:

- Pocket Size Kleenex ....\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Shower Gel... \$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper (4 rolls) ... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- 3 razors.... \$1.00
- After Shave... \$1.00