
















































Meadow Ridge Senior Living: Assisted Living

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			May Day 1	2	3	4
All programming subject to change. Updates will be posted on the bulletin boards in all memory care living rooms. Please see Jess with questions	Room Key: MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2 <sup>nd</sup> floor) LO – Lobby PL – Parking Lot		10:00 Travelogue (AR) 1:30 Candy Bar Bingo (AR)  3:00 Debate Hour with Kavina (AR)	9:30 Outing: Target (LO) 1:30 Music Performance by: Monroe Wright (DR)  3:00 Resident Meeting (AR) 4:00 Meadow Market (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Jess's Goodbye Party/Happy Hour (AR) 	Independent Programming 10:00 Rummy Club (AR) 1:30 Candy Bar Bingo with Marilyn (AR) 3:00 Matinee Movie: Jersey Boys (AR) 
Cinco De Mayo/1 <sup>st</sup> Day of Ramadan 5	6	7	8	9	10	11
Independent Programming 10:00 Brain Games (LO)  1:30 Matinee Movie: Secretariat (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Matinee Movie: Sustainable Documentary(AR) 3:00 Who are you with Mary Kay (AR)	10:00 Rummy Club (AR)  3:00 Volunteer Appreciation Party (AR) 	10:00 Travelogue (AR) 10:30 Lilly the Dog (LO) 1:30 Candy Bar Bingo (AR)  3:00 Debate Hour with Kavina (AR)	10:00 Sit & Be Fit (AR) 2:00 Happy Hour with Anne (AR)  3:00 Jeopardy with Kavina (AR) 4:00 Meadow Market (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 2:00 Rootbeer Float Social (AR)  3:00 Blue Planet Documentary (AR)	10:00 Rummy Club (AR) 1:30 Mother's Day Trivia with Kavina (AR) 3:00 Matinee Movie: Wont You Be My Neighbor (AR) 
Mother's Day 12	13	14	15	16	17	18
Independent Programming 10:00 Brain Games (LO)  1:30 Matinee Movie: Monster in Law (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO)  1:30 Outing: Walmart (LO) 3:00 Matinee Movie: Fly Away Home (AR) 	8:00 Hot breakfast (DR) 10:00 Rummy Club (AR)  1:30 Service in the Lord (AR)  3:00 Outing: Dollar Tree (LO) 3:00 Education Hour with Kavina (AR) 	10:00 Travelogue (AR) 10:30 Lilly the Dog (LO) 1:30 Candy Bar Bingo (AR)  2:00 Meadow Market (AR) 3:00 Debate Hour with Kavina (AR)	10:00 Sit & Be Fit (AR) 1:30 Music Performance by Mary Franz (DR)  3:00 Matinee Movie: Music & Lyrics (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 6:15 Beer & Poker Night with Pat (AR) - \$5 Pay in 	Independent Programming 10:00 Rummy Club (AR)  1:30 Matinee Movie: Good Will Hunting (AR) 
19	20	21	22	23	24	25
Independent Programming 10:00 Brain Games 1:30 Calvary Ice Cream Social (DR)  3:00 Matinee Movie: Heal Documentary (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO)  1:30 Art Class with Dimension Studios (AR)-\$10 for Art Project 3:00 Matinee Movie: The Young Victoria (AR)	10:00 Rummy Club (AR)  1:30 Service in the Lord (AR)  3:00 Yahtzee with Kavina (AR)	10:00 Travelogue (AR) 10:30 Lilly the Dog (LO) 1:30 Candy Bar Bingo (AR)  2:00 Meadow Market (AR) 3:00 Debate Hour with Kavina (AR)	10:00 Sit & Be Fit (AR) 1:30 Matinee Movie: La La Land (AR) 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Wine & Cheese with Stephanie (AR) 	Independent Programming 10:00 Rummy club (AR)  1:30 Matinee Movie: About Time (AR) 
26	Memorial Day 27	28	29	30	31	
Independent Programming 10:00 Brain Games (LO)  1:30 Matinee Movie: John Wayne The Alamo (AR) 	Independent Programming 10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO)  3:00 Matinee Movie: Good Morning Vietnam (AR) 	10:00 Rummy Club (AR)  1:30 Service in the Lord (AR)  4:00 Meadow Market (AR)	10:00 Travelogue (AR) 10:30 Lilly the Dog (LO)  1:30 Candy Bar Bingo (AR)  3:00 Arm Chair Travelers: Winnipeg, Canada (AR) 	10:00 Sit & Be Fit (AR) 1:30 Music Performance by Bill Mann (DR)  3:00 Birthday Celebration 	10:00 Mexican Train Dominoes (AR) 10:00 Catholic Communion (L) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Matinee Movie: How the Beatles Changed the World Documentary (AR) 	

This month's focus is on Physical Wellbeing



Life Enrichment at Meadow Ridge  
May 2019

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2<sup>nd</sup> floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3<sup>rd</sup> floor)

All programming subject to change.  
Updates will be posted in elevators & dining room.  
Please see Jess with questions.

May Birthdays

- Julie V 5/01
- Tom F. 5/07
- Karen A. 5/10
- Gerald A. 5/10
- Charlotte S. 5/16
- Suzanne B. 5/28
- Sammie L 5/29
- Jack K. 5/31



Programming Update:

The Meadow Market (*the store in the Activities Room*). This is a place where you can get cards, basic hygiene, and snack food items.

The store hours will be posted on your monthly calendars and below as “Meadow Market”. We will keep the store open for 30 minutes.



5/2 4:00	5/17 1:00
5/3 1:00	5/22 2:00
5/6 1:00	5/24 1:00
5/9 4:00	5/28 4:00
5/10 1:00	5/31 1:00
5/15 2:00	

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
- Chips.... \$\$\$.50
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints) ....\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Grape Jelly... \$1.00
- 2 Cups of Pudding... \$1.00
- 2 Cups of Applesauce... \$1.00
- 2 Cups of Mac & Cheese... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) .... \$.50
- Greeting Card with Envelope....\$.50

Basic Hygiene:

- Pocket Size Kleenex ....\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Shower Gel... \$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper (4 rolls) ... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- 3 razors.... \$1.00
- After Shave... \$1.00