







































Meadow Ridge Senior Living: Assisted Living

September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Labor Day 2	3	4	5	6	7
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 Matinee Movie: "Capote" (AR) 	<i>Independent Programming</i> 10:00 Mexican Train Dominoes (AR) 10:00 Bella the Dog (LO) 1:30 Matinee Movie: Shenandoah (AR) 	10:00 Rummy Club (AR)  12:30 Outing: Pontoon fishing trip (LO) 1:00 Meadow Market 3:00	10:00 Chair exercise w/ Anne (AR) 10:00 Lilly the Dog (LO) 1:30 Candy Bar Bingo (AR) 6:00 Outing: Miss Myra & the Moonshiners @ Como	10:00 Outing: Target (LO) 1:30 Music Performance by Bill Mann (DR) 3:00 Resident Meeting (AR)	10:00 Mexican Train Dominoes (AR) 10:00 Outing: Dollar Tree (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 	<i>Independent Programming</i> 10:00 Rummy Club (AR)  1:30 Matinee Movie: "Hoosiers" (AR) 
8	Ashura 9	10	11	12	13	14
<i>Independent Programming</i> 10:00 Brain Games (LO)  12:00 Vikings Football: vs Atlanta (AR) 3:00 Matinee Movie: Waiting for Guffman (AR)	10:00 Mexican Train Dominoes (AR)  10:00 Bella the Dog (LO) 1:00 Meadow Market (AR) 3:00 Farkle! (AR)	8:00 Hot Breakfast (DR)  10:00 Rummy Club (AR) 1:30 Service in the Lord (AR)  3:00 Ice Cream Social (AR)	10:00 Chair exercise with Anne (AR) 1:30 Candy Bar Bingo (AR)  2:30 Meadow Market (AR) 3:00 Debate Hour with Kavina	10:30 Volleyball (AR)  1:30 Happy Hour (AR) 3:00 Jeopardy (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR)  3:00 2-Penny Bingo (AR)	<i>Independent Programming</i> 10:00 Rummy Club (AR)  1:30 Bingo with Marilyn 3:00 Matinee Movie: The Count of Monte Cristo (AR) 
15	16	17	18	19	20	21
<i>Independent Programming</i> 10:00 Brain Games (LO)  12:00 Vikings Football: vs Green Bay (AR)	10:00 Mexican Train Dominoes (AR)  10:00 Bella the Dog (LO) 11:30 Outing: Culvers (AR) 1:30 Meadow Market (AR) 3:00 Farkle! (AR)	10:00 Outing: Aldi's (LO) 10:00 Rummy Club (AR) 1:30 Service with Cindy (AR) 3:00 Education Hour (AR) 	10:00 Sit & Be Fit (AR) 10:00 Lilly the Dog (LO) 1:00 Flu Shot 1:30 Candy Bar Bingo (AR)  2:30 Meadow Market (AR)	10:00 Outing: Walmart (LO) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR)  3:00 2-Penny Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Outing: Apple Jack's Orchard	<i>Independent Programming</i> 10:00 Rummy Club (AR)  1:30 Special Prize bingo with Fred (AR) 3:00 Matinee Movie: Lost in Translation (AR) 
22	23	24	25	26	27	28
<i>Independent Programming</i> 10:00 Brain Games (LO)  12:00 Vikings Football: vs Oakland (AR) 3:00 Matinee Movie: A Mighty Wind (AR) 	10:00 Mexican Train Dominoes (AR)  10:00 Bella the Dog (LO) 1:00 Meadow Market (AR) 3:00 Art Class with Dimensions Studios (AR) \$10 to Participate	10:00 Rummy Club (AR) 1:30 Service in the Lord (AR)  3:00 Farkle! (AR)	10:00 Chair exercise with Anne 1:30 Candy Bar Bingo (AR) 3:00 Arm Chair Travlers: Argentina (AR) 	10:30 Volleyball (AR)  1:15 Music Performance by Christine Bergland (AR)  3:00 Birthday Party (AR) 	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures with Kavina (AR) 3:00 Wine & Cheese with Anne (AR) 	10:00 Rummy Club (AR)  1:30 Fondue Party with Kavina 3:00 Matinee Movie: "Transamerica" (AR) 
Rosh Hashanah 29	30					
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 Matinee movie: Semi-Pro (AR) 3:15 Vikings Football: vs The Bears	10:00 Mexican Train Dominoes (AR)  10:00 Bella the Dog (LO) 1:00 Meadow Market (AR) 2:00 Outing: Lakes Ride & Ice Cream Stop		Room Key: MC – Memory Care AR – Activities Room DR – Dining Room PD-Private Dining Room L – Library (2 nd floor) LO – Lobby PL – Parking Lot		All programming subject to change. <i>Updates will be posted on the bulletin boards in all memory care living rooms.</i> Please see Kavina or Fred with questions	<i>Independent Programming</i> 



Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2nd floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3rd floor)

All programming subject to change. Updates will be posted in elevators & dining room. Please see Fred with questions.

September Birthdays

- 9/1 Bob J
- 9/13 Mabel E
- 9/14 Paul F
- 9/21 Ray S
- 9/26 Barb S
- 9/27 Ruth H
- 9/30 Charlotte Z



September Hours

Programming Update:

The Meadow Market (*the store in the Activities Room*). This is a place where you can get cards, basic hygiene, and snack food items.

The store hours will be posted on your monthly calendars and below as “Meadow Market”. We will keep the store open for 30 minutes.

9/3 1:00	9/18 2:30
9/6 1:00	9/19 1:00
9/9 1:00	9/23 1:00
9/11 2:30	9/27 1:00
9/13 1:00	9/30 1:00
9/16 1:30	

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
- Chips.... \$.50
- Big Snack Bags.... \$1.00
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints)\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Grape Jelly... \$1.00
- 2 Cups of Pudding... \$1.00
- 2 Cups of Applesauce... \$1.00
- 2 Cups of Mac & Cheese... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) \$.50
- Greeting Card with Envelope....\$.50
- Tape.....\$1.00
- Night Lights...\$1.00

Basic Hygiene:

- Pocket Size Kleenex\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Liquid Hand Soap... \$1.00
- 3 Bars of Hand Soap \$1.00
- Shower Gel.... \$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper (4 rolls) ... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- 3 razors.... \$1.00
- After Shave... \$1.00
- Q-Tips.....\$1.00