

Meadow Ridge Senior Living – Memory Care

September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Labor Day 2	3	4	5	6	7
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack & Chat with HHA (MC1-3) 6:15 Hand Massages & Manicures with HHA (MC1-3)	Independent Programming 10:00 Bella the dog (MC1-3) 10:30 Bingo with HHA (MC1-3) 3:00 Snack & Chat (MC1-3) 6:15 Chair Exercise with Suzanne and Ti Ti	10:30 creative Coloring with HHA (MC1-3) 1:30 Matinee Movie & Popcorn (MC1-3) 3:00 Snack & Chat with HHA (MC1-3)	10:00 Lily the dog (MC1-3) 1:30 Candy Bar Bingo 3:00 Current Events & Exercise (MC2) 6:15 Word Finds with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Music Performance by Bill Mann (DR) 3:00 Snack & Chat with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Sing Along with Fred (MC1-3) 3:00 Lemonade & chat with Kavina (MC1-3)	Independent Programming 10:30 Current Events & Exercise (MC2) 1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn
8	Ashura 9	10	11	12	13	14
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 6:15 Hand Massages & Manicures with HHA (MC1-3)	10:00 Bella the dog (MC1-3) 10:30 Current Events & Exercise (MC2) 3:00 Snack & Chat (MC1-3) 6:15 Chair Exercise with Suzanne and Ti Ti	8:00 Hot Breakfast (DR) 10:30 Current Events & Exercise (MC2) 1:30 Service in the Lord (AR)	10:30 Current Events & Exercise (MC2) 1:30 Candy Bar Bingo (AR) 1:30 Piano Performance by Amber (MC2) 3:00 Snack & Chat with HHA (MC1-3)	10:30 Volleyball (AR) 1:30 Manicures with HHA (MC1-3) 3:00 Comedy Hour with Fred (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Sing Along with Fred (MC1-3) 3:00 Lemonade & chat with Kavina (MC1-3)	Independent Programming 10:30 Current Events & Exercise (MC2) 1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn
15	16	17	18	19	20	21
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack & Chat with HHA (MC1-3) 6:15 Hand Massages & Manicures with HHA (MC1-3)	10:00 Bella the dog (MC1-3) 10:30 Current Events & Exercise (MC2) 3:00 Snack & Chat (MC1-3) 6:15 Chair Exercise with Suzanne and Ti Ti	10:30 Current Events & Exercise (MC2) 1:30 Service with Cindy (AR) 3:00 Education Hour with Kavina (AR)	10:00 Lily the dog (MC1-3) 10:30 Current Events & Exercise (MC2) 1:30 Candy Bar Bingo (AR) 3:00 Snack & Chat with HHA (MC1-3) 6:15 Word Finds with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Creative Color with HHA (MC1-3) 3:00 Snack & Chat with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Matinee Movie (MC1-3) 3:00 Lemonade & chat with Kavina (MC1-3)	Independent Programming 10:30 Current Events & Exercise (MC2) 1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn
22	23	24	25	26	27	28
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 6:15 Hand Massages & Manicures with HHA (MC1-3)	10:00 Bella the dog (MC1-3) 10:30 Current Events & Exercise (MC2) 3:00 Art Class with Dimensions Studios (AR) \$10 to Participate 6:15 Chair Exercise with Suzanne and Ti Ti	10:30 Current Events & Exercise (MC2) 1:30 Service in the Lord 3:00 Snack & Chat with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Candy Bar Bingo (AR) 3:00 Arm Chair Travelers: Argentina (AR)	10:30 Volleyball (AR) 1:15 Music Performance by Christine Bergland (AR) 3:00 Birthday Party (AR)	10:30 Current Events & Exercise (MC2) 1:30 Sing Along with Fred (MC1-3) 3:00 Snack & Chat with HHA (MC1-3)	Independent Programming 10:30 Current Events & Exercise (MC2) 1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn
Rosh Hashanah 29	30					
Independent Programming 10:00 Current Events & Exercise with HHA (MC1-3) 3:00 Snack & Chat with HHA (MC1-3) 6:15 Hand Massages & Manicures with HHA (MC1-3)	10:00 Bella the dog (MC1-3) 10:30 Current Events & Exercise (MC2) 3:00 Snack & Chat (MC1-3) 6:15 Chair Exercise with Suzanne and Ti Ti		All programming subject to change. Updates will be posted on the bulletin boards in all memory care living rooms. Please see Kavina or Fred with questions		Key: MC – Memory Care AR – Activities Room DR – Dining Room L – Library (2 nd floor) LO – Lobby PL – Parking Lot HHA – Home Health Aid	

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