

# Meadow Ridge Senior Living – Memory Care

April 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			April Fool's Day 1	2	3	4
			2:00 Root Beer Floats MC (1-3)  3:00 Magazine Art (MC1-3)	10:00 Manicures w/ Kavina (MC1-3)  3:00 Snack & Chat w/HHA (MC1-3)	1:30 Creative Color:  3:00 Snack & Chat with HHA  (MC1-3)	10:00 Bingo with HHA (MC1-3)  3:00 Matinee Movie & popcorn (MC1-3) 
Palm Sunday 5	6	7	Passover 8	9	Good Friday 10	11
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise w/ HHA (MC1-3)   <b>6:15</b> Hand Massages & Manicures w/ HHA (MC1-3) 	1:30 Creative Color w/ HHA (MC1-3)  3:00 Snack & Chat w/ HHA (MC1-3)	10:00 Current Events & Exercise (MC2)  2:00 Snack & Chat with HHA (MC1-3)	10:00 Current Events & Exercise (MC2)  2:00 Hallway Sing-Along (MC-1)	1:30 Matinee Movie:  3:00 Snack & Chat w/HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Creative Color (MC-2) 3:00 Popcorn Cart w/Kavina (MC1-3) 	<b>Independent Programming</b> 10:30 Chair exercise (MC1-3)  1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn 
Easter Sunday 12	13	14	Tax Day 15	16	17	18
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise w/HHA (MC1-3) <b>3:00</b> Snack & Chat with HHA (MC1-3) <b>6:15</b> Hand Massages & Manicures w/ HHA (MC1-3)	10:00 Easter Egg Hunt (MC1-3) 1:30 Outdoor Walks (MC1-3) 3:00 Snack & Chat w/ HHA (MC1-3)	10:00 Creative Coloring (MC1-3)  2:30 Sing along: with HHA (MC1-3)	10:00 Current Events & Exercise (MC2) 2:00-3:30 Ice Cream Sundaes (MC1-3) 3:00 Snack & Chat with HHA (MC1-3) 	1:30 Creative Color: (MC1-3)  3:00 Snack & Chat with HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Creative Color MC-3) 3:00 Snack & Chat w/ HHA (MC1-3)	<b>Independent Programming</b> 10:30 Chair exercise (MC1-3)  1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn 
19	20	21	Earth day 22	23	Ramadan 24	25
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise with HHA (MC1-3)  <b>6:15</b> Hand Massages & Manicures w/HHA (MC1-3)	1:30 Creative Color w/HHA (MC1-3)  3:00 Snack & Chat w/HHA (MC1-3)	10:00 Manicures w/ Kavina (MC1-3) 3:00 Worms & Dirt Cart (MC1-3)	10:00 Hallway Sing-Along (MC2)  2:00 Flower Pot planting on Patio	10:30 Sing along w/HHA (MC1-3) 1:30 Bingo w/HHA (MC1-3)	10:30 Current Events & Exercise (MC2) 1:30 Creative Color(MC-1) 3:00 Snack & Chat w/ HHA (MC1-3)	<b>Independent Programming</b> 10:30 Chair exercise (M1-3) 1:30 Manicures & Hand Massages (MMC1-3) 3:00 Matinee Movie & Popcorn
26	27	28	29	30		
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise with HHA (MC1-3) <b>3:00</b> Snack & Chat w/HHA (MC1-3) <b>6:15</b> Hand Massages & Manicures w/HHA (MC1-3) 	1:30 Outdoor Walks (MC1-3) 1:30 Creative Color w/ HHA (MC1-3)	10:00 Current Events & Exercise (MC2)  1:00 Birthday Cake Cart (MC1-3) 	10:00 Hallway Sing-Along (MC-3)  3:00 Snack & Chat w/HHA (MC1-3)	11:00 Outdoor walks (MC1-3)  3:00 Popcorn Cart w/Kavina (MC1-3) 	<b>Key: MC – Memory Care</b> <b>AR – Activities Room</b> <b>DR – Dining Room</b> <b>L – Library (2<sup>nd</sup> floor)</b> <b>LO – Lobby</b> <b>PL – Parking Lot</b> <b>HHA – Home Health Aid</b>	<b>All programming subject to change.</b> <b>Updates will be posted on the bulletin boards in all memory care living rooms. Please see Kavina or Fred with questions</b>

This month's focus is on Educational Wellbeing