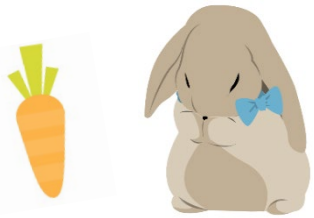


Meadow Ridge Senior Living: Assisted Living

April 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			April Fool's Day 1	2	3	4
	Room Key: MC – Memory Care AR – Activities Room DR – Dining Room PD-Private Dining Room L – Library (2nd floor) LO – Lobby PL – Parking Lot / EV- Elevator	All programming is subject to change. Updates will be posted on the elevators See Kavina or Fred with questions	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Anne (AR) 1:00 Meadow Market AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 2:00 Hallway Sing-along (2) Open your doors & Join in!	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 1:00 Meadow Market (AR) 1:30 Manicures w/Kavina (AR) 2:00-3:30 Root Beer Floats 	Independent Programming 10:00 Brain Games (LO) 1:30 Matinee Movie: (AR)
Palm Sunday 5	6	7	Passover 8	9	Good Friday 10	11
10:00 Brain Games (LO) 1:30 Matinee Movie: (AR) 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 1:00 Meadow Market (AR) 2:30 Outdoor walk (weather permitting)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 2:00-3:30 Tea & Cookie Cart! 	10:00 Room Bingo #'s (EV) 10:00 Exercise with Anne (AR) 1:00 Meadow Market (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred(AR) 2:00-3:30 Happy Hour Cart! 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 1:00 Meadow Market (AR) 1:30 Manicures w/Kavina (AR) 2:00-3:30 Hallway Hymn Sing Floors (1-3) Open your doors & Join in!	Independent Programming 10:00 Brain Games (LO) 1:30 Matinee Movie: (AR)
Easter Sunday 12	13	14	Tax Day (extended) 15	16	17	18
Independent Programming 10:00 Brain Games (LO) 1:30 Matinee Movie: 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Fred (AR) 1:00 Meadow Market (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Fred (AR) 2:00-3:30 Ice Cream Sundae Cart! 	10:00 Room Bingo #'s (EV) 10:15 Exercise w/ Anne (AR) 1:00 Meadow Market (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred(AR) 2:00 Hallway Sing-along (3) Open your doors & Join in!	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 1:00 Meadow Market (AR) 1:30 Manicures w/Kavina (AR) 2:00-3:30 Happy Hour Cart! 	10:00 Brain Games (LO) (AR) 3:00 Matinee Movie: (AR)
Orthodox Easter 19	20	21	Earth Day 22	23	Ramadan 24	25
10:00 Brain Games (LO)  1:30 Matinee Movie: (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Fred (AR) 1:00 Meadow Market (AR) 2:30 Outdoor walk (weather permitting)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 2:00-3:30Worms & Dirt Cart! (Not really worms & dirt It's Pudding, Oreo's & Gummi worms) 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Anne (AR) 1:00 Meadow Market (AR) 2:00 Flower Pot planting fun on the patio! 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred(AR) 2:00 Hallway Sing-along (1) Open your doors & Join in!	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred (AR) 1:00 Meadow Market (AR) 1:30 Manicures w/Kavina (AR) 2:00-3:30 Happy Hour Cart 	10:00 Brain Games (LO) 1:30 Matinee Movie: (AR)
26	27	28	29	30		
Independent Programming 10:00 Brain Games (LO)  1:30 Matinee Movie: (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Fred (AR) 1:00 Meadow Market (AR)	10:00 Room Bingo #'s (EV) 10:00 Exercise w/ Fred (AR) 2:00-3:30 Birthday Cake Cart 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Anne (AR) 1:00 Meadow Market (AR) 3:00 Jeopardy (AR) 	10:00 Room Bingo #'s (EV) 10:00 Exercise w/Fred(AR) 2:00 Hallway Sing-along (2) Open your doors & Join in!		

This month's focus is on Educational Wellbeing



Life Enrichment at Meadow Ridge

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2nd floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3rd floor)
- EV- Posted on Elevator

All programming subject to change.
Updates will be posted in elevators & dining room.
Please see Fred with questions.

April Birthdays

- Marlys G. 4/4
- Sandy L. 4/10
- Bonnie T. 4/12
- Linda B. 4/13
- Marietta H. 4/15
- Jeanette M. 4/22
- Jim B. 4/28
- Pauline P. 4/29
- Greg S. 4/29



Programming Update:

The Meadow Market (*the store in the Activities Room*). This is a place where you can get cards, basic hygiene, and snack food items.

The store hours will be posted on your monthly calendars and below as “Meadow Market”. We will keep the store open for 30 minutes.



- 4/1 1:00
- 4/3 1:00
- 4/6 1:00
- 4/8 1:00
- 4/10 1:00
- 4/13 1:00
- 4/15 1:00
- 4/17 1:00
- 4/20 1:00
- 4/22 1:00
- 4/24 1:00
- 4/27 1:00
- 4/29 1:00

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25 Large....\$.50
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer.... \$.50
- Chips.... \$.50
- Big Snack Bags.... \$1.00
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints)\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Grape Jelly... \$1.00
- 2 Cups of Pudding... \$1.00
- 2 Cups of Applesauce... \$1.00
- 2 Cups of Mac & Cheese... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.55
- Batteries (2AA) \$.50
- Greeting Card with Envelope....\$.50
- Tape.....\$1.00
- Night Lights...\$1.00

Basic Hygiene:

- Pocket Size Kleenex\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Liquid Hand Soap... \$1.00
- 3 Bars of Hand Soap \$1.00
- Shower Gel.... \$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper (2 rolls) ... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- Razors.... \$1.00
- After Shave... \$1.00
- Q-Tips.....\$1.00