

# Meadow Ridge Senior Living: Assisted Living

June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
<b>All programming is subject to change.</b>  <b>Updates will be posted on the elevators</b> <b>See Kavina &amp; Katie with questions</b>	<b>Room Key:</b> MC – Memory Care AR – Activities Room DR – Dining Room PD-Private Dining Room L – Library (2 <sup>nd</sup> floor) LO – Lobby PL – Parking Lot / EV- Elevator	10:00 Rummy Club (AR) 10:00 Outing: Target (LO) 1:30 Devotional Readings with Katie (AR) 3:00 Name 5 (AR)	10:00 Outing: Dollar Tree (LO) 10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 3 Penny Bingo 3:00 Name 5	10:00 Farkle (AR) 12:00 Lunch Outing: Culvers (LO) <b>1:30</b> Left Center Right (AR) 3:00 Candy Bar Bingo (DR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Happy Hour <b>Feature Drink: Cold Medina Cocktail (AR)</b>	<i>Independent Programming</i> 10:00 Game Choice (AR)  1:30 Matinee Movie: Blue Miracle (AR)
6	7	8	9	10	11	12
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 Game choice (AR)	10:00 Chair Exercise (AR) 10:00 Scenic Drive (LO) 1:00 Meadow Market (AR) 1:30 Ball Toss (AR) 3:00 Craft Club: Tissue Paper Mug (AR)	10:00 Rummy Club (AR) 10:00 Outing: Cub Foods 1:30 Service in the Lord (AR) 3:00 3 Penny Bingo (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Outing: Scenic Drive & Dairy Queen 3:00 Resident Meeting (AR)	10:00 Farkle (AR) 1:30 Outing: Walmart (LO) 3:30 Candy Bar Bingo (DR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Happy Hour <b>Feature Drink: Frozen Pineapple Margarita (AR)</b>	<i>Independent Programming</i> 10:00 Game Choice (AR)  1:30 Matinee Movie: The Lovely Bones (AR)
13	Flag Day 14	15	16	17	18	Juneteenth 19
10:00 Brain Games (LO)  1:30 Game choice (AR)	10:00 Chair Exercise (AR) 1:00 Meadow Market (AR) 1:30 Taboo (AR) 3:00 Craft Club: Tie Dye Towels (AR)	10:00 Rummy Club (AR) 1:30 Devotional reading with Katie 3:00 Jeopardy with Kersten (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 3 Penny Bingo 3:00 Ice Cream Sundae Bar (AR)	10:00 Farkle (AR) 1:30 Left center right (AR) 3:00 Candy Bar Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Happy Hour <b>Feature Drink: Strawberry Mimosa (AR)</b>	<i>Independent Programming</i> 10:00 Game Choice (AR)  1:30 Matinee Movie: Get on Up (AR)
Father's Day 20	21	22	23	24	25	26
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 Game choice (AR)	10:00 Chair Exercise (AR) 1:00 Meadow Market (AR) 1:30 Ball Toss (AR) 3:00 Craft Club: Clay flowerpots (AR)	10:00 Rummy Club (AR) 1:30 Service in the Lord (AR) 3:00 Get to Know Your Managers: Matt (AR)	10:00 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 3 Penny Bingo 3:00 Name 5 (AR)	10:00 Farkle (AR) 1:30 Music Performance by Scott Beaumont (DR) 3:00 Candy Bar Bingo (AR)	10:00 Mexican Train Dominoes (AR) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Wine & Cheese Social with Anne (AR)	<i>Independent Programming</i> 10:00 Game Choice (AR) 1:30 Matinee Movie: The Ryan White Story (AR)
27	28	29	30			
<i>Independent Programming</i> 10:00 Brain Games (LO)  1:30 Game choice (AR)	10:00 Chair Exercise (AR) 1:00 Meadow Market (AR) 1:30 Taboo (AR) 3:00 Craft Club: Marble Painting (AR) 4:30 Activity Council Meeting (AR)	10:00 Rummy Club (AR) 1:30 Devotional Readings with Katie (AR) 3:00 Armchair Travelers: Jamaica (AR)	10:30 Chair Exercise with Anne (AR) 1:00 Meadow Market (AR) 1:30 Manicures (AR) 3:00 Birthday Party (DR)			

This month's focus is on Physical Wellbeing



Life Enrichment at Meadow Ridge

Calendar Tips:

Room Key:

- MC - Memory Care
- AR - Activities Room
- DR - Dining Room
- L - Library (2nd floor)
- LO - Lobby
- PL - Parking Lot
- CR - Card Room (3rd floor)
- EV- Posted on Elevator

All programming subject to change.  
Updates will be posted in elevators & dining room.  
Please see Kavina with questions.

June Birthdays:

- John E. 6/02
- Bob T. 6/03
- Tom Y. 6/03
- LaRue P. 6/09
- Ellen K. 6/11
- Ray R. 6/17
- Dianna C. 6/22
- Donna H. 6/25
- Jeanne M. 6/27
- Lynette C. 6/29



Need Something?  
Come to the Meadow Market in the Activity Room **Monday Wednesday and Friday at 1:00**

The store will be open for 30 minutes.



6/2 1:00	6/16 1:00
6/4 1:00	6/18 1:00
6/7 1:00	6/21 1:00
6/9 1:00	6/23 1:00
6/11 1:00	6/28 1:00
6/14 1:00	6/30 1:00

Meadow Market Merchandise:

Snack Food:

- Small Bottled Water....\$.25 Large....\$.50
- Pop: Coke, Diet Coke, Dr. Pepper Sprite, Root Beer... \$.50
- Chips.... \$.50
- Big Snack Bags.... \$1.00
- Individual Pack of nuts.... \$.50
- Bag of cough drops (10 Drops) ...\$.75
- Bag of mints (10 mints) ....\$.75)
- Candy Bars.... \$1.00
- Jar of Peanut Butter... \$1.00
- Soup: Tomato Chicken Noodle Vegetable Beef... \$1.00
- Bag of Teabags (5): Green & Black... \$.50

Miscellaneous:

- Stamps.... \$.50
- Batteries (2AA) .... \$.50
- Greeting Card with Envelope....\$.50
- Tape.....\$1.00
- Night Lights...\$1.00

Basic Hygiene:

- Pocket Size Kleenex ....\$.50
- Kleenex Box \$1.00
- Lotion.... \$1.00
- Liquid Hand Soap... \$1.00
- 3 Bars of Hand Soap \$1.00
- Q-Tips.....\$1.00
- Body wash... \$1.00
- Shampoo... \$1.00
- Conditioner... \$1.00
- Toilet Paper... \$1.00
- Paper towels.... \$1.00
- Toothbrush.... \$1.00
- Deodorant.... \$1.00
- Chapstick.... \$1.00
- Mouthwash.... \$1.00
- Razors.... \$1.00
- After Shave... \$1.00