

# Meadow Ridge Senior Living – Memory Care

June 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
<b>All programming subject to change.</b> <b>Updates will be posted on the bulletin boards in all memory care living rooms. Please see Kavina with questions</b>	<b>Key: MC – Memory Care</b> <b>AR – Activities Room</b> <b>DR – Dining Room</b> <b>L – Library (2<sup>nd</sup> floor)</b> <b>LO – Lobby</b> <b>PL – Parking Lot</b> <b>HHA – Home Health Aid</b>	10:00 Bingo with HHA (MC1-3) 2:30 Hymns with Katie (MC2) 3:30 Scenic Drive (LO)	10:00 Chair Exercise with HHA (MC1-3) 1:30 Pictionary (MC1-3) 3:00 Piano Music with Megan (MC2)	10:00 Walking Club (MC1-3) 1:30 Candy Bar Bingo (MC1-3) 3:00 Gardening Club (MC Patio)	10:00 Volleyball (MC2) 1:30 Movie & Popcorn: (MC1-3) 3:00 Creative Coloring with HHA (MC1-3)	10:00 Bingo with HHA (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie (MC1-3)
6	7	8	9	10	11	12
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise w/ HHA (MC1-3) <b>6:15</b> Hand Massages & Manicures w/ HHA (MC1-3)	10:00 Sing Along (MC2) 1:30 Manicures (MC1-3) 3:00 Craft Club: Pulled String Painting (AR)	10:00 Puzzles & Creative Coloring with HHA (MC1-3) 1:30 Service in the Lord (AR) 3:00 Scenic Drive	10:00 Balloon Tennis (MC1-3) 1:30 Cross word puzzles with HHA (MC1-3) 3:00 Piano Music with Megan (MC2)	10:00 Walking Club (MC1-3) 1:30 Candy Bar Bingo with HHA (MC1-3) 3:00 Gardening Club (MC Patio)	10:00 Volleyball (MC2) 1:30 Movie & Popcorn: (MC1-3) 3:00 Creative Coloring with HHA (MC1-3)	10:30 Chair exercise (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
13	14	15	16	17	18	19
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise w/ HHA (MC1-3) <b>6:15</b> Hand Massages & Manicures w/ HHA (MC1-3)	10:00 Sing Along (MC2) 1:30 Manicures (MC1-3) 3:00 Craft Club: Tie Dye Towels (AR)	10:00 Kickball (MC2) 2:30 Hymns with Katie (MC2) 3:30 Juice on the Patio (MC1)	10:00 Balloon Tennis (MC1-3) 1:30 Candy Bar Bingo (MC2) 3:00 Games with Megan (MC1-3)	10:00 Walking Club (MC1-3) 1:30 Bean Bag Toss (AR) 3:00 Gardening Club (MC Patio)	10:00 Volleyball (AR) 1:30 Movie & Popcorn: (MC1-3) 3:00 Creative Coloring with HHA (MC1-3)	10:30 Chair exercise (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
20	21	22	23	24	25	26
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise with HHA (MC1-3) <b>6:15</b> Hand Massages w/HHA (MC1-3)	10:00 Sing Along (MC1-3) 1:30 Manicures (MC1-3) 3:00 Craft Club: Clay flowerpots (AR)	10:00 Kickball (MC2) 2:30 Service in the Lord (AR) 3:30 Juice on the Patio (MC1)	10:00 Balloon Tennis (MC1-3) 1:30 Candy Bar Bingo (MC2) 3:00 Piano Music with Megan (MC2)	10:00 Walking Club 1:30 Music Performance by Scott Beaumont (DR) 3:00 Gardening Club (MC Patio)	10:00 Volleyball (AR) 1:30 Movie & Popcorn: (MC1-3) 3:00 Creative Coloring with HHA (MC1-3)	10:30 Chair exercise (MC1-3) 1:30 Creative Coloring with HHA 3:00 Matinee Movie
27	28	29	30			
<b>Independent Programming</b> <b>10:00</b> Current Events & Exercise with HHA (MC1-3) <b>3:00</b> Snack & Chat w/HHA (MC1-3) <b>6:15</b> Hand Massages w/HHA (MC1-3)	10:00 Sing Along (MC2) 1:30 Manicures (MC1-3) 3:00 Craft Club: Marble Painting (AR)	10:00 Kickball (MC2) 2:30 Hymns with Katie (MC2) 3:00 Armchair Travelers: Jamacia (AR)	10:00 Balloon Tennis (MC1-3) 1:30 Piano Music with Megan 3:00 Birthday Party			

This month's focus is on Physical Wellbeing